

Erik C. Nook

(609) 258-7463 | enook@princeton.edu

<https://lemolab.princeton.edu/>

Employment and Education

- 2022–Present Assistant Professor
Department of Psychology
Princeton University, Princeton, NJ
- 2021–2022 Postdoctoral Fellow
Department of Psychology
Yale University, New Haven, CT
- 2020–2021 Clinical Psychology Predoctoral Internship
Department of Psychiatry
Weill Cornell Medical College / New York Presbyterian Hospital, New York, NY
- 2016–2021 Ph.D., Clinical Psychology
Department of Psychology
Harvard University, Cambridge, MA
- Summer 2018 NSF-Funded Visiting Researcher
Department of Clinical Neuroscience
Karolinska Institutet, Solna, Sweden
- 2014–2016 A.M., Clinical Psychology
Department of Psychology
Harvard University, Cambridge, MA
- 2012–2014 Laboratory Manager
Department of Psychology
Stanford University, Stanford, CA
- 2008–2012 B.A., Psychology, *summa cum laude*
Columbia University, New York, NY

Awards and Honors

- 2022 Dissertation Award: First Runner-Up, *International Society for Research in Emotion*
- 2022 Best Flash Talk Award, *Yale Postdoctoral Association*
- 2021 Smadar Levin Award, *Society for Research in Psychopathology*
- 2021 Best Talk Award, *Society for Affective Science*
- 2021 Social, Behavioral, and Economic Sciences Postdoctoral Research Fellowship, *NSF*
- 2020 Nominee, *Star Family Prize for Excellence in Advising*
- 2019 Fellow, *Kavli Summer Institute in Cognitive Neuroscience*
- 2019 Sackler Scholar in Psychobiology, *Sackler Foundation*
- 2018 Graduate Research Opportunities Worldwide Fellowship, *National Science Foundation*
- 2018 Conference Travel Award, *Social Communication Across the Lifespan Conference*
- 2017 Certificate of Distinction in Teaching, *Harvard University Derek Bok Center*
- 2016 Outstanding Poster Award, *Society for Affective Science*
- 2015 Graduate Student Fellowship, *National Science Foundation*
- 2015 Smadar Levin Award: Honorable Mention, *Society for Research in Psychopathology*
- 2015 Student Research Award: Honorable Mention, *Association for Psychological Science*
- 2015 Fellow, *Sackler Institute for Developmental Neurobiology at Weill Cornell Medicine*
- 2014 Karen Stone Fellowship, *Harvard University*
- 2013 Outstanding Alumnus Award, *The BACCHUS Network, Area 11*
- 2012 Summa cum laude (top 5% of class), *Columbia College*

2012	Edward S. Brainard Class Day Award for Outstanding Mind and Character, <i>Columbia College</i>
2012	Graduation Cords for Diversity and Inclusion, <i>Columbia University Office of Multicultural Affairs</i>
2008–2012	Dean's List, <i>Columbia College</i>
2011	Early Inductee, <i>Phi Beta Kappa</i>
2010	Outstanding Mentor Award, <i>Columbia University Office of Multicultural Affairs</i>

Research Funding

2021	National Science Foundation SBE Postdoctoral Research Fellowship (PI; \$63,250) <i>Using joint experience-sampling and fMRI methods to understand how the brain supports differentiated emotional experiences.</i>
2019	Dissertation Completion Fellowship (PI; \$37,814) <i>Linguistic distancing in emotion regulation: Theoretical, developmental, and translational perspectives</i>
2019	Sackler Scholarship in Psychobiology (PI; \$9,728) <i>Understanding the neural underpinnings of emotion differentiation</i>
2018	NSF Graduate Research Opportunities Worldwide (GROW) Fellowship (PI; \$5,000) Funded 3 months of international research at Karolinska Institutet in Stockholm, Sweden
2017	Harvard University Knox Grant (PI; \$3,500) <i>I see your fears: Investigating the roles of empathy and mental imagery in worry contagion</i>
2015	NSF Graduate Student Fellowship (PI; \$102,000) <i>Using neuroimaging and longitudinal methods to refine the theory of emotion granularity</i>
2013	Stanford University Center for Cognitive and Neurobiological Imaging Seed Grant (Co-I; \$3,150) <i>Establishing the role of emotion concepts in emotion perception using a repetition suppression paradigm</i>

Publications

Advisees are underlined. * Equal contribution.

Champoux-Larsson, M.-F. & **Nook, E. C.** (under review). How first- and second-language emotion words influence emotion perception in Swedish-English bilinguals.

Dunning, D. L., Wright, G., Bennett, M. P., Knight, R., **Nook, E. C.**, & Dalgleish, T. (under review). What role does emotional granularity play in adolescent depression and anxiety? A scoping review.

Espinosa, L., * **Nook, E. C.**, * Asperholm, M., Collins, T., Davidow, J. Y., & Olsson, A. (under review). Social transmission of threat evaluations and feelings of distress: Experimental and computational evidence.

Nook, E. C. (under review). The promise of affective language for identifying and intervening on psychopathology.

Williams, W. C., Leong, Y. C., Collier, E. A., **Nook, E. C.**, Son, J.-Y., & Zaki, J. (in revision). Communicating emotion through facial expressions: Social consequences and neural correlates.

Hegefeld, H. M., Satpute, A. B., Ochsner, K. N., Davidow, J. Y.*, & **Nook, E. C.*** (revision under review). Fluency generating emotion words correlates with verbal measures but not emotion regulation, alexithymia, or depressive symptoms.

Nook, D. D., **Nook, E. C.**, & Nook, B. C. (revision under review). Utilization of chiropractic care at The World Games 2017.

Nook, E. C., Nardini, C., Zacharek, S. J., Hommel, G., Spencer, H., Martino, A., Morra, A., Flores, S., Anderson, T., Marin, C., Silverman, W. K., Lebowitz, E. R., & Gee, D. G. (in press). Affective language spreads between anxious children and their mothers during a challenging puzzle task. *Emotion*.

- Caballero, C., **Nook, E. C.**, & Gee, D. G. (2023). Managing fear and anxiety in development: A framework for understanding the neurodevelopment of emotion regulation capacity and tendency. *Neuroscience & Biobehavioral Reviews*, *145*, 105002.
- Cohen, K. A., Shroff, A., **Nook, E. C.**, & Schleider, J. L. (2022). Linguistic distancing predicts response to a digital single-session intervention for adolescent depression. *Behaviour Research and Therapy*, *159*, 104220.
- Nook, E. C.**, Hull, T. D., Nock, M. K., & Somerville, L. H. (2022). Linguistic measures of psychological distance track symptom levels and treatment outcomes in a large set of psychotherapy transcripts. *Proceedings of the National Academy of Sciences*, *119*(13), e2114737119.
- Nook, E. C.**, Jaroszewski, A. C., Finch, E. F., & Choi-Kain, L.W. (2022). A cognitive-behavioral formulation of narcissistic self-esteem dysregulation. *Focus*, *20*(4), 378–388.
- Bentley, K. H., Coppersmith, D. D. L., Kleiman, E. M., **Nook, E. C.**, Mair, P., Millner, A. J., Reid-Russell, A., Wang, S. B., Fortgang, R. G., Stein, M. B., Beck, S., Huffman, J. C., & Nock, M. K. (2021). Do patterns and types of negative affect during hospitalization predict short-term post-discharge suicidal thoughts and behaviors? *Affective Science*, *2*, 484–494.
- Grisanzio K. A. *, Sasse, S. F. *, **Nook, E. C.**, Lambert, H. K., McLaughlin, K. A., Somerville, L. H. (2021). Voluntary pursuit of negatively valenced stimuli from childhood to early adulthood. *Developmental Science*, *24*, e13012.
- Jenness, J., Lambert, H. K., Bitrán, D., Blossom, J., **Nook, E. C.**, Sasse, S. F., Somerville, L. H., & McLaughlin, K. A. (2021). Developmental variation in the associations of attention bias to emotion with internalizing and externalizing psychopathology. *Research on Child and Adolescent Psychopathology*, *49*, 711–726.
- Nook, E. C.** (2021). Emotion differentiation and youth mental health: Current understanding and open questions. *Frontiers in Psychology*, *12*, 700298.
- Nook, E. C.**, Flournoy, J. C., Rodman, A. M., Mair, P., & McLaughlin, K. A. (2021). High emotion differentiation buffers against internalizing symptoms following exposure to stressful life events in adolescence: An intensive longitudinal study. *Clinical Psychological Science*, *9*(4), 699–718.
- Nook, E. C.**, Satpute, A. B., & Ochsner, K. N. (2021). Emotion naming impedes both cognitive reappraisal and mindful acceptance strategies of emotion regulation. *Affective Science*, *2*(2), 187-198.
- Rodman, A. M., Vidal Bustamante, C. M., Dennison, M. J., Flournoy, J. C., Coppersmith, D. D. L., **Nook, E. C.**, Worthington, S., Mair, P. & McLaughlin, K. A. (2021). A year in the social life of a teenager: Within-person fluctuations in stress, phone communication, and anxiety and depression. *Clinical Psychological Science*, *9*(5), 791-809.
- Franz, P., **Nook, E. C.**, Mair, P., & Nock, M. K. (2020). Using topic modeling to detect and describe self-injurious and related content on a large-scale digital platform. *Suicide and Life-Threatening Behavior*, *50*(1), 5-18.
- Nook, E. C.**, Stavish, C. M., Sasse, S. F., Lambert, H. K., Mair, P., McLaughlin, K. A., & Somerville, L. H. (2020). Charting the development of emotion comprehension and abstraction from childhood to adulthood using observer-rated and linguistic measures. *Emotion*. *20*(5), 773-792.
- Nook, E. C.**, * Vidal Bustamante, C. M.,* Cho, H. Y., & Somerville, L. H. (2020). Use of linguistic distancing and cognitive reappraisal strategies during emotion regulation in children, adolescents, and young adults. *Emotion*. *20*(4), 525–540.
- Olsson, A., Pärnamets, P., **Nook, E. C.**, & Lindström, B. (2020). Social learning of threat and safety. In M. S. Gazzaniga, G. R. Mangun, & D. Poeppel (Eds.), *The Cognitive Neurosciences*, 6th Edn. Cambridge, MA: MIT Press.
- Satpute, A. B., **Nook, E. C.**, & Cakar, M. (2020). The role of language in the construction of emotion and memory: A predictive coding view. In R. Lane & L. Nadel (Eds.), *Neuroscience of Enduring Change: Implications for Psychotherapy*. New York, NY: Oxford University Press.

- Weissman, D. G., **Nook, E. C.**, Dews, A. A., Miller, A. B., Lambert, H. K., Sasse, S. F., Somerville, L. H., & McLaughlin, K. A. (2020). Low emotional awareness as a transdiagnostic mechanism underlying psychopathology in adolescence. *Clinical Psychological Science*, 8(6), 971–988.
- Nook, E. C.** & Somerville, L. H. (2019). Emotion concept development from childhood to adulthood. In M. Neta & I. J. Haas (Eds.), *Emotion in the Mind and Body, Proceedings of the 66th Nebraska Symposium on Motivation*. Cham, Switzerland: Springer.
- Nook, E. C.**, Sasse, S. F., Lambert, H. K., McLaughlin, K. A., & Somerville, L. H. (2018). The nonlinear development of emotion differentiation: Granular emotional experience is low in adolescence. *Psychological Science*, 29(8), 1346-1357.
- Nook, E. C.**, Dodell-Feder, D., Hooley, J. M., DeLisi, L. E., & Hooker, C. I. (2018). Weak dorsolateral prefrontal response to social criticism predicts worsened mood and symptoms following social conflict in people at familial risk for schizophrenia. *NeuroImage: Clinical*, 18, 40-50.
- Nook, E. C.**, Sasse, S. F., Lambert, H. K., McLaughlin, K. A., & Somerville, L. H. (2017). Increasing verbal knowledge mediates development of multidimensional emotion representations. *Nature Human Behaviour*, 1(12), 881-889.
- Nook, E. C.**, Schleider, J. L., & Somerville, L. H. (2017). A linguistic signature of psychological distancing in emotion regulation. *Journal of Experimental Psychology: General*, 146(3), 337–346.
- Nook, D. D., **Nook, E. C.**, & Nook, B. C. (2016). Chiropractic care at The World Games 2013: Patient demographics, treatment characteristics, and changes in perceived pain. *Journal of Manipulative and Physiological Therapeutics*, 39(9), 693–704.
- Nook, E. C.**, Ong, D. C., Morelli, S. A., Mitchell, J. P., & Zaki, J. (2016). Prosocial conformity: Prosocial norms generalize across behavior and empathy. *Personality and Social Psychology Bulletin*, 42(8), 1045-1062.
- Satpute, A. B., **Nook, E. C.**, Narayanan, S., Weber, J., Shu, J., & Ochsner, K. N. (2016). Emotions in “black or white” or shades of gray? How we think about emotion shapes our perception and neural representation of emotion. *Psychological Science*, 27(11), 1428–1442.
- Nook, E. C.**, Lindquist, K. A., & Zaki, J. (2015). A new look at emotion perception: Concepts speed and shape facial emotion recognition. *Emotion*, 15(5), 569–578.
- Nook, E. C.**, & Zaki, J. (2015). Social norms shift behavioral and neural responses to foods. *Journal of Cognitive Neuroscience*, 27(7), 1412–1426.

Invited Oral Presentations

Dec 2022	Departmental Seminar Speaker Series, <i>Columbia University</i>
Nov 2022	Seminar Speaker Series, <i>Rutgers-Princeton Center for Computational Cognitive Neuropsychiatry</i>
Nov 2022	Keynote, <i>Hawaii Behavioral Health and Wellness Convention</i>
Oct 2022	Social Psychology Speaker Series, <i>New York University</i>
Sep 2022	Center for Integrative Developmental Science, <i>Cornell University</i>
Aug 2022	Future of Science on Youth Invited Symposium, <i>American Psychological Association</i>
May 2022	Rising Stars of Clinical Science Invited Symposium, <i>Association for Psychological Science</i>
May 2022	Neurocognitive Development of Emotion and Emotion Regulation Invited Symposium, <i>APS</i>
Jan 2022	Organizational Research Group, <i>University of North Carolina-Chapel Hill</i>
Nov 2021	Leonard Learning Lab, <i>Yale University</i>
Oct 2021	Early Life Adversity Researchers Meetup, <i>Yale University</i>
Oct 2021	Center for Language, Music and Emotion (CLaME), <i>New York University</i> & <i>Max Planck Institute</i>
Sept 2021	Catalyst Seminar Series, <i>University College London</i>
Jun 2021	Psychiatry Grand Rounds, <i>Weill Cornell Medical College</i>
Dec 2020	Psychology Department, <i>Princeton University</i>
Nov 2020	Learning and Brain Development Laboratory, <i>Northeastern University</i>
Nov 2020	Self-Regulation, Emotion, and Attention Laboratory, <i>University of Reading</i>

Sep 2020	Clinical Affective Neuroscience and Development Laboratory, <i>Yale University</i>
Apr 2020	SaxeLab, <i>Massachusetts Institute of Technology</i>
Oct 2019	Social Psychology Research Seminar, <i>Princeton University</i>
Sept 2019	Intergroup Neuroscience Laboratory, <i>Harvard University</i>
Jun 2018	Emotion Laboratory, <i>Karolinska Institutet</i>
Oct 2018	Clinical Psychology Research Training Group, <i>Harvard University</i>
Apr 2017	FeldmanHall Laboratory, <i>Brown University</i>
Feb 2016	Boston Area Affective Scientists Meetup, <i>Northeastern University</i>
Mar 2014	Affective Science Area Seminar, <i>Stanford University</i>

Conference Oral Presentations

Advisees are underlined.

- Nook, E. C.**, Hull, T. D., Nock, M. K., & Somerville, L. H. (2022). *Linguistic distancing tracks emotion regulation and mental health: Experimental and naturalistic evidence*. Oral Presentation at the Annual Conference of the Society of Experimental Social Psychology. Philadelphia, PA.
- Nook, E. C.**, McLaughlin, K. A., & Somerville, L. H. (2022). *Age-related differences in emotion construction across development*. Oral Presentation at the Annual Convention of the American Psychological Association. Minneapolis, MN.
- Nook, E. C.**, Hull, T. D., Nock, M. K., & Somerville, L. H. (2022). *Translating research on language and emotion regulation to develop a replicable measure of treatment progress*. Oral Presentation at the Annual Conference of the International Society for Research on Emotion. Los Angeles, CA.
- Nook, E. C.**, Nardini, C. Zacharek, S. J., Hommel, G. Spencer, H., Martino, A. Morra, A. Flores, S. Anderson, T., Marin, C. Silverman, W. K., Lebowitz, E. R., & Gee, D. G. (2022). *Affective language spreads in parent-child dyads during a difficult puzzle task*. Flash talk at the 5th Annual Yale Postdoctoral Association Symposium. New Haven, CT.
- Nook, E. C.**, Hull, T. D., Nock, M. K., & Somerville, L. H. (2021). *Applying psycholinguistic tools to assess internalizing symptom severity and treatment progress in a large set of psychotherapy transcripts*. Blitz talk at the Technology in Psychiatry Summit. Virtual conference.
- Nook, E. C.**, Hull, T. D., Nock, M. K., & Somerville, L. H. (2021). *Translating psycholinguistic research on emotion regulation to develop markers of treatment progress*. Student Flash Talk at the annual meeting of the Society for Research in Psychopathology. Virtual conference.
- Nook, E. C.**, Hull, T. D., Nock, M. K., & Somerville, L. H. (2021). *Tracking treatment outcomes using linguistic measures of psychological distance in a large sample of therapy transcripts*. Presentation at the annual meeting of the Society for Affective Science. Virtual conference.
- Nook, E. C.**, Jaroszewski, A. C., Finch, E. F., & Choi-Kain, L. W. (2021). *A cognitive-behavioral approach to narcissistic self-esteem dysregulation*. Presentation at the annual World Congress of the International Society for the Study of Personality Disorders. Virtual conference.
- Nook, E. C.**, Stavish, C. M., Sasse, S. F., Lambert, H. K., Mair, P., McLaughlin, K. A., & Somerville, L. H. (2021). *The role of language in developing abstract, multidimensional emotion concepts*. Symposium presentation at the biennial meeting of the Society for Research in Child Development. Virtual conference.
- Nook, E. C.**, Flournoy, J. C., Rodman, A. M., Mair, P., & McLaughlin, K. A. (2020). *Emotion differentiation promotes healthy stress coping in adolescence*. Presentation at the annual meeting of the Society for Affective Science, San Francisco, CA. (Conference canceled, presentation available [here](#)).
- Nook, E. C.** (2019). *Language and emotion concept development*. Presentation at the Interdisciplinary Advances on the Development of Emotion Understanding preconference before the annual meeting of the Cognitive Development Society, Louisville, KY.

- Nook, E. C.** (2019). *Developments in general vocabulary mediate development of multidimensional emotion concepts*. Presentation at the Construction preconference before the annual meeting of the Society for Affective Science, Boston, MA.
- Nook, E. C.**, Jaroszewski, A. C., Woynowski, K., M., & Choi-Kain, L. W. (2019). *A cognitive-behavioral framework for narcissistic pathology: Transforming personality through exposure-based interventions*. Presentation at the annual meeting of the American Psychiatric Association. San Francisco, CA.
- Nook, E. C.**, Sasse, S. F., Lambert, H. K., McLaughlin, K. A., & Somerville, L. H. (2019). *Emotion concepts become more multidimensional across age: General vocabulary as a scaffold for emotion concept development*. Presentation at the 2019 International Emotions Symposium, Tilburg, Netherlands.
- Nook, E. C.**, Sasse, S. F., Lambert, H. K., McLaughlin, K. A., & Somerville, L. H. (2018). *The nonlinear development of emotion differentiation: Adolescence is a period of low emotion differentiation*. Presentation at the annual meeting of the Society for Affective Science, Los Angeles, CA.
- Nook, E. C.** & Somerville, L. H. (2018). *Charting the development of emotion language and emotion representations from childhood to adulthood*. Presentation at the Social Communication Across the Lifespan conference. Canterbury, U.K.
- Nook, E. C.**, Sasse, S. F., Lambert, H. K., McLaughlin, K. A., & Somerville, L. H. (2017). *Mechanisms underlying the development of multidimensional emotion concept representation*. Presentation at the annual meeting of the Society for Affective Science, Boston, MA.
- Somerville, L. H. & **Nook, E. C.** (2017). *Multimodal development of emotion understanding: Implications for emotion regulation*. Presentation at the annual meeting of the Association for Psychological Science, Boston, MA.
- Nook, E. C.**, Schleider, J. L., & Somerville, L. H. (2016). *A linguistic signature of psychological distancing in emotion regulation*. Presentation at the annual meeting of the Society for Affective Science, Chicago, IL.
- Nook, E. C.**, Schleider, J. L., & Somerville, L. H. (2016). *Getting away from the here and now: linguistic markers of psychological distancing in emotion regulation*. Presentation at the Social Brain Sciences Symposium, Boston, MA.
- Nook, E. C.** & Zaki, J. (2015). *Hungry for consensus: Social norms shift behavioral and neural responses to foods*. Presentation at the Boston Area Psychology Graduate Symposium, Boston, MA.
- Nook, E. C.**, Griesemer, I.[†], Satpute, A. B., & Ochsner, K. N. (2014). *Talking about feelings: Differential consequences of four methods of affect labeling*. Presentation at the European Association for Social Psychology's Emotion and the Brain Preconference, Amsterdam, Netherlands. [†]Presenting author.
- Nook, E. C.** & Chervin, C. (2012). *Leading with a carrot: motivational tools for growing your peer health education organization*. Presentation at the BACCHUS Network National Meeting, Reston, VA.
- Nook, E. C.** (2011). *SAC Roundtable*. Presentation at the BACCHUS Network Area 11 Regional Conference, Ewing, NJ.
- Nook, E. C.** (2011). *Shout-out with the SAC: building community through conversation*. Presentation at the BACCHUS Network Area 11 Regional Conference, Ewing, NJ.
- Nook, E. C.** & Chervin, C. (2011). *Leading with a carrot: motivational tools for growing your peer health education organization*. Presentation at the BACCHUS Network Area 11 Regional Conference, Ewing, NJ.

Poster Presentations

Advisees are underlined.

Cohen, K., Shroff, A., **Nook, E. C.**, & Schleider, J. (2022). *Adolescent word use predicts response to growth mindset intervention*. Poster at the JCCAP Future Directions Forum. Virtual conference

Hegefeld, H. M., Satpute, A. B., Ochsner, K. N., **Nook, E. C.**^{*}, Davidow, J. Y.^{*} (2022). Investigating emotion fluency's relations with verbal fluency and emotional functioning. Poster at the annual conference of the Society for Affective Science. Virtual conference.

- Nook, E. C., Hull, T. D., Nock, M. K., & Somerville, L. H. (2021).** *Translating psycholinguistic research on emotion regulation to develop markers of treatment progress.* Poster at the annual meeting of the Society for Research in Psychopathology. Virtual conference.
- Nook, E. C., Hull, T. D., Nock, M. K., & Somerville, L. H. (2021).** *Replicable evidence that client language tracks therapy progress.* Poster at the Opening Affective Science preconference before the annual meeting of the Society for Affective Science. Virtual conference.
- Ahn, H. E., Nook, E. C., Schleider, J. L., & Somerville, L. H. (2020).** *Investigating linguistic abstraction in relation to psychological distancing and emotion regulation.* Poster at the annual meeting of the Society for Affective Science, San Francisco, CA. (Conference canceled, poster available [here](#)).
- Nook, E. C., Flournoy, J. C., Rodman, A. M., Mair, P., & McLaughlin, K. A. (2020).** *Ability to differentiate emotions buffers adolescents from the impact of stress.* Poster at the annual meeting of the Social and Affective Neuroscience Society, Santa Barbara, CA. (Conference canceled).
- Rodman, A. M., Vidal Bustamante, C. M., Dennison, M. J., Flournoy, J. C., Coppersmith, D. D. L., **Nook, E. C.,** Worthington, S., Mair, P. & McLaughlin, K. A. (2020). *Phone communication as a mechanism linking stress exposure with adolescent internalizing psychopathology using high-frequency longitudinal design.* Poster at the annual meeting of the Association for Psychological Science, Chicago, IL.
- Nook, E. C., Holmes, E. A., Somerville, L. H., & Olsson, A. (2019).** *I see your fears: The role of empathy and mental imagery in contagious worries.* Poster at the annual meeting of the Social and Affective Neuroscience Society, Miami, FL.
- Nook, E. C., Holmes, E. A., Somerville, L. H., & Olsson, A. (2019).** *Identifying empathy and mental imagery as mechanisms underlying the contagious spread of worries.* Poster at the annual meeting of the Society for Research in Psychopathology, Buffalo, NY.
- Nook, E. C., Stavish, C. M., Sasse, S. F., Lambert, H. K., Mair, P., McLaughlin, K. A., & Somerville, L. H. (2019).** *Abstractness of emotion representations increases from childhood to adolescence: observer-rated and psycholinguistic evidence.* Poster at the annual meeting of the Society for Affective Science, Boston, MA.
- Nook, E. C., Vidal Bustamante, C. M., Cho, H. Y., Kordyban, L. E., Mayer, M., & Somerville, L. H. (2018).** *Children and adolescents spontaneously distance their language when engaging in cognitive reappraisal.* Poster at the annual meeting of the Society for Research in Psychopathology, Indianapolis, IN.
- Nook, E. C., Vidal Bustamante, C. M., Cho, H. Y., Kordyban, L. E., & Somerville, L. H. (2018).** *Investigating emotion regulation and linguistic distancing across development.* Poster at the annual meeting of the Social and Affective Neuroscience Society, New York, NY.
- Nook, E. C., Felix, S. A., & Hooker, C. I. (2017).** *Emotion granularity in romantic relationships: Relations with depressive symptoms, rumination, and social conflict.* Poster at the annual meeting of the Society for Research in Psychopathology, Denver, CO.
- Dews, A. A., Nook, E. C., Sasse, S. F., Lambert, H. K., McLaughlin, K. A., & Somerville, L. H. (2017).** *Increased alexithymia mediates the emergence of depressive symptoms from childhood to adolescence.* Poster at the annual meeting of the Society for Affective Science, Boston, MA.
- Nook, E. C., Sasse, S. F., Lambert, H. K., McLaughlin, K. A., & Somerville, L. H. (2017).** *Multidimensional emotion concept representations develop from childhood to adulthood and scaffold on general vocabulary development.* Poster at the annual meeting of the Social and Affective Neuroscience Society, Los Angeles, CA.
- Sasse, S. F., **Nook, E. C.,** Lambert, H. K., McLaughlin, K. A., & Somerville, L. H. (2017). *Characteristics of contra-bedonic decision-making vary across development: Evidence from a valenced choice task.* Poster at the annual meeting of the Flux Society, Portland, OR.

- Saxena, A., Haut, K. M., **Nook, E. C.**, Dodell-Feder, D., Tully, L. M., Germine, L. T., & Hooker, C. I. (2017). *Relationship between emotional granularity and functioning in psychosis and healthy adults*. Poster at the annual meeting of the Society for Research in Psychopathology, Denver, CO.
- Franz, P., **Nook, E. C.**, Dinakar, K., Nock, M. K. (2016). *Psychological distance and cognitive coping styles among adolescent users of an online mental health forum*. Poster at the annual meeting of the Flux Society, St. Louis, IL.
- Nook, E. C.**, Sasse, S. F., Lambert, H. K., McLaughlin, K. A., & Somerville, L. H. (2016). *Emotion concepts become more distinct across development but the ability to specifically identify one's emotions is low in adolescence*. Poster at the annual meeting of the Flux Society, St. Louis, IL.
- Nook, E. C.**, Schleider, J. L., & Somerville, L. H. (2016). *A linguistic signature of psychological distancing in emotion regulation*. Poster at the annual meeting of the Society for Affective Science, Chicago, IL.
- Nook, E. C.**, Schleider, J. L., & Somerville, L. H. (2016). *Discovering bidirectional relations between emotion regulation and distancing language*. Poster at the annual meeting of the Society for Research in Psychopathology, Baltimore, MD.
- Nook, E. C.**, Dodell-Feder, D., Osborne, J., DeLisi, L. E., & Hooker, C. I. (2015). *The risk of unknown feelings: Granularity and depression in familial risk for schizophrenia*. Poster at the annual meeting of the Society for Affective Science, Oakland, CA.
- Nook, E. C.**, Dodell-Feder, D., Osborne, J., Hooley, J. M., DeLisi, L. E., & Hooker, C. I. (2015). *Neural responses to criticism predict negative mood and positive symptoms following social conflict in those at familial risk for schizophrenia*. Poster at the annual meeting of the Society for Research in Psychopathology, New Orleans, LA.
- Nook, E. C.**, Dodell-Feder, D., Osborne, J., Hooley, J. M., DeLisi, L. E., & Hooker, C. I. (2015). *Social conflict and familial risk for schizophrenia: the regulatory role of the dorsolateral prefrontal cortex*. Poster at the annual meeting of the Association for Psychological Science, New York, NY.
- Nook, E. C.**, Dodell-Feder, D., Osborne, J., Hooley, J. M., DeLisi, L. E., & Hooker, C. I. (2015). *Reduced dorsolateral prefrontal cortex activity following social challenge in individuals at familial risk for schizophrenia*. Poster at the annual meeting of the Social and Affective Neuroscience Society, Boston, MA.
- Weisz, E., Cikara, M., **Nook, E. C.**, & Zaki, J. (2015). *The influence of competition and competence on empathy*. Poster at the annual meeting of the Society for Affective Science, Oakland, CA.
- Griesemer, I., **Nook, E. C.**, Satpute, A. B., Friedlander, R., & Ochsner, K. N. (2014). *Let's talk about feelings: Differential consequences of four methods of affect labeling*. Poster at the annual meeting of the Society for Personality and Social Psychology, Austin, TX.
- Nook, E. C.**, Chwyl, C., & Zaki, J. (2014). *The importance of distinguishing feelings: A novel lab-based measure of emotion granularity predicts self-reports of mood disorder severity*. Poster at the annual meeting of the Society for Research in Psychopathology, Evanston, IL.
- Nook, E. C.**, Frey, S., & Zaki, J. (2014). *I'll like it if you do, too: social conformity can shift food preferences at behavioral and neural levels*. Poster at the annual meeting of the Society for Personality and Social Psychology, Austin, TX.
- Nook, E. C.**, Lindquist, K. A., & Zaki, J. (2014). *A new look at emotion perception: Evidence for the influence of emotion concepts*. Poster at the annual meeting of the Society for Affective Science, Washington, D.C.
- Nook, E. C.**, Lindquist, K. A., & Zaki, J. (2014). *A new look at emotion perception: Evidence for top down processing*. Poster at the Emotion Preconference before the annual meeting of the Society for Personality and Social Psychology, Austin, TX.
- Nook, E. C.**, Ong, D. C., Morelli, S. A., Mitchell, J. P., & Zaki, J. (2014). *Prosocial conformity: Persistence, generalization and boundary conditions*. Poster at the annual meeting of the Association for Psychological Science, San Francisco, CA.
- Nook, E. C.** & Zaki, J. (2014). *An appetite for conformity: Peer preferences shift behavioral and neural responses to foods*. Poster at the annual meeting of the Social and Affective Neuroscience Society, Denver, CO.

- Porter, J., Silvers, J., **Nook, E. C.**, Zaki, J., & Ochsner, K. N. (2014). *Beyond the lab: Predicting daily social interaction quality from performance on emotion regulation and empathic accuracy tasks*. Poster at the annual meeting of the Social and Affective Neuroscience Society, Denver, CO.
- Porter, J., Silvers, J., **Nook, E. C.**, Zaki, J., & Ochsner, K. N. (2014). *The social regulation of emotions in daily life: How others help us regulate our emotions*. Poster at the annual meeting of the Society for Personality and Social Psychology, Austin, TX.
- Williams, W. C., **Nook, E. C.**, Son, J., & Zaki, J. (2014). *Audiences enhance the expression, but not experience, of emotion*. Poster at the annual meeting of the Social and Affective Neuroscience Society, Denver, CO.
- Williams, W. C., **Nook, E. C.**, Son, J., & Zaki, J. (2014). *Audiences enhance the expression, but not experience, of emotion*. Poster for the Society for Affective Science's Inaugural Meeting, Washington, D.C.
- Williams, W. C., **Nook, E. C.**, Son, J., & Zaki, J. (2014). *Audiences enhance the expression, but not experience, of emotion*. Poster at the annual meeting of the Society for Personality and Social Psychology, Austin, TX.
- Nook, E. C.**, Satpute, A. B., & Ochsner, K. N. (2013). *Don't say it: Self-generated emotion naming impedes emotion regulation in short timeframes*. Poster at the annual meeting of the Cognitive Neuroscience Society, San Francisco, CA.
- Nook, E. C.**, Satpute, A. B., Narayanan, S., Weber, J., & Ochsner, K. N. (2012). *Facing your fears: A behavioral and neuroimaging exploration of the role of trait anxiety in ignoring irrelevant fear expressions*. Poster at the annual meeting of the Social and Affective Neuroscience Society, New York, NY.
- Nook, E. C.**, Satpute, A. B., Narayanan, S., Weber, J., & Ochsner, K. N. (2012). *Pushing fear aside: Neural regions involved in ignoring irrelevant fear expressions*. Poster at the annual meeting of the Cognitive Neuroscience Society, Chicago, IL.

Teaching

- | | |
|-------------|--|
| Spring 2023 | Psychotherapy Theories and Skills: Connecting the Lab, Clinic, and Everyday Life (Instructor)
Princeton University, Princeton, NJ |
| Summer 2021 | Introduction to Cognitive Behavioral Therapy (Instructor)
Weill Cornell Medical College, New York, NY |
| Summer 2020 | Brain Development and Adolescent Mental Health (Instructor)
Horizon Academic, Jersey City, NJ |
| Spring 2017 | Statistics for Behavioral Scientists (Teaching Fellow)
Harvard University, Cambridge, MA |

Research Advising

Princeton University (2022+)

- | | |
|--------------|--|
| 2022–Present | Jesus Arroyo, Undergraduate thesis student |
| 2022–Present | Sofia Baran, Undergraduate thesis student |
| 2022–Present | Tiffany Cao, Undergraduate thesis student |
| 2022–Present | Aidan Conner, Undergraduate thesis student |
| 2022–Present | Laurie Houle, Graduate student—Secondary advising role |
| 2022–Present | Katherine Jin, Undergraduate thesis student |
| 2022–Present | Dan-Mircea Mirea, Graduate student—Secondary advising role |
| 2022–Present | Claire Whiting, Graduate student |
| 2022–Present | Chantal Valdivia, Lab manager |
| 2022–Present | Henna Vartiainen, Graduate student |

Yale University (2021-2022)

- | | |
|--------------|---|
| 2022–Present | Alexis Broussard, Post-baccalaureate research assistant |
| 2021–2022 | Daphne Zhu, Yale undergraduate thesis student |

Harvard University (2014-2021)

2021–Present	Matthew Polo, University of Guelph undergraduate research assistant
2021–2022	Annie Harris, Harvard Extension undergraduate research assistant
2021–2022	Racheal Lama, Harvard undergraduate research assistant
2018–2020	Hayoung Ahn, Harvard undergraduate research assistant
2017	Sadhana Ponnaluri, Harvard undergraduate research assistant
2017	Jessica Hsu, Post-baccalaureate research assistant
2016–2018	Aridenne Dews, Harvard undergraduate research assistant
2016–2018	Caitlin Stavish, Boston University undergraduate research assistant
2016–2017	Sandy Li, Post-baccalaureate research assistant
2016	José Santiago, NSF-Funded Bunker Hill Community College Intern
2015–2016	Kevin Kent, Graduate School of Education Master's student
2015	Christina Uhrig, Harvard undergraduate research assistant
2014–2018	Natalie Kleeman, Post-baccalaureate research assistant
2014–2015	Matthew Abrams, Harvard undergraduate research assistant

Karolinska Institutet (2018-2019)

2018–2019	Therese Collins, Honours thesis student
-----------	---

Stanford University (2012-2014)

2013–2014	Christina Chwyl, Stanford undergraduate research assistant
2013–2014	Christopher Middleton, Stanford undergraduate research assistant
2012–2014	Jae-Young Son, Stanford undergraduate research assistant
2012–2013	Stephen Frey, Berkeley undergraduate research assistant

Columbia University (2010-2012)

2013–2014	Ida Griesemer, Post-baccalaureate research assistant
2011–2012	Dani Golomb, Columbia undergraduate research assistant
2011–2012	Alissa Rogol, Columbia undergraduate research assistant

Dissertation Committees

2022	Monica Thieu, <i>Columbia University</i>
------	--

Clinical Experience

2022–Present	Licensed Clinical Psychologist (New York license #025102), <i>New York Anxiety Treatment</i>
2021–2022	Postdoctoral Clinician, <i>New York Anxiety Treatment</i>
2020–2021	Predoctoral Intern, <i>Weill Cornell Medical College / New York Presbyterian Hospital</i>
2019	Neuropsychology Practicum Student, <i>Home Base Program, Massachusetts General Hospital</i>
2017–2018	Practicum Student, <i>Gunderson Residence, McLean Hospital</i>
2016–2017	Practicum Student, <i>Center for Anxiety and Related Disorders (CARD), Boston University</i>
2015–2016	Practicum Student, <i>OCD Institute, McLean Hospital</i>
2008–2012	Stressbusters Student Coordinator, <i>Alice! Health Promotion Program, Columbia University</i>
2011–2012	Peer Educator, <i>Sexual Violence Response Program, Columbia University</i>
2007–2012	Massage Therapist
2007–2009	Disabilities Support Worker, <i>Nulsen</i>

Press and Other Writing

Press

2022	How Language & Emotion Interact, The Nature & Nurture Podcast
2022	Linguistic Distance: The Psychological Journey From “Me” to “Thee”, MindSite News
2021	Why People on TikTok Want You to ‘Feel Your Feelings’, VICE
2021	World Happiness Report is Out, with a Surprising Picture of Global Resilience, Washington Post
2020	Why You Should Talk to Yourself in the Third Person, VICE
2018	Negative Emotions Are Murkier, Less Distinct in Adolescence, APS's Latest Research News

- 2018 Teenagers Really Do Struggle to Decipher Their Own Emotions, [BYU Radio's Top of Mind](#)
- 2018 What Do Teens' Emotions Feel Like? [Greater Good Magazine](#)
- 2018 The Language of Emotion, [Harvard Magazine](#)
- 2018 For Teens Who Feel it All, a Research-Backed Explanation, [Harvard Gazette](#)
- 2018 A Hidden Adolescent Struggle: Identifying Complex Emotions, [Learning and the Brain](#)
- 2018 Study Gives Insight Into How People Experience Emotion, [New England Psychologist](#)
- 2018 A Research-Backed Explanation for Teens' Emotional Turmoil, [Association of American Universities](#)
- 2016 Is Generosity Contagious? [Pacific Standard](#)
- 2016 The Science of Sameness, [APS Observer](#)
- 2015 Choosing Empathy, [Edge](#)
- 2015 Conformity Can Be Good for Your Eating Habits, [Cognitive Neuroscience Society Blog](#)

Other Writing

- 2019 Our Words, Our Feelings: Language and Emotion Development, [Brevia](#)
- 2018 SASSC the Expert Interview with Wendy Berry Mendes, [Society for Affective Science](#)
- 2016 Reflections on National Coming Out Day, [Harvard Crimson](#)
- 2011 Your Community Deserves You Whole, [Columbia Spectator](#)

Scientific and Clinical Outreach

- Aug 2022 Panelist, Role of Digital Therapeutics in Stepped Care Model of Mental Health, *American Psychological Association*
- June 2022 Discussant, The New Normal Co-Creator Discussion, *Walden Wise Community Conversation*
- May 2022 Poster Judge, Yale Postdoctoral Association Symposium, *Yale University*
- May 2022 Host and Moderator, Supporting the Emotional Health of Kids in a COVID-Integrated World Launch Event, *Walden Wise*
- Apr 2022 Poster Judge, Tri-County Science & Technology Fair
- Feb 2022 Panelist, Hiring in Academia Panel, *Princeton University Department of Psychology*
- May 2021 Panelist, Psychology and Neuroscience Panel, *Simply Neuroscience*
- Mar 2021 Advisor, *Action Potential Advising Program (APAP)*
- Nov 2020 Presenter, "[Change Your Emotions by Changing Your Words](#)," *LGBT Global Science Show*
- Nov 2020 Presenter, "Clinical Skills for Health Professionals," *Forward Thinking Chiropractic Association*
- Oct 2020 Mentor, *Prospective Ph.D. & RA Event in Psychology (PPREP)*
- July 2020 Panelist, "[Meaningful and Enjoyable Work](#)," *Happiness Institute Virtual Conference*
- April 2020 Presenter, "Emotions 101," *Docent Health*
- Feb 2020 Panelist, "Perspectives from Residential Life, Teaching Fellows, and Primary Care" Panel, *College Mental Health and Borderline Personality Disorder Conference*,
- Mar 2019 Public lecture alumni presenter, *Columbia Alumni Association of Boston*
- Jan 2019 Poster Judge, National Collegiate Research Conference, *Harvard University*
- Sept 2018 Host, International high school science outreach event, *Rossmoyne Senior High School*
- April 2018 Panelist, "What Can Psychology Do for You?," *Harvard University Psychology Department*
- Nov 2017 Panelist, "When is it More than Just a Bad Day?," *Harvard University Student Mental Health Liaisons*
- Sept 2017 Contributor, Student Publication Committee, *Society for Research in Psychopathology*
- Mar 2017 Science in the News Presenter, *Beacon Hill Seminar Series*
- Dec 2016 Outreach team member, Neuroscience Basics for High School Students, *Harvard University*
- Nov 2016 Science in the News Presenter, *Harvard Medical School*
- Oct 2016 Community clinical screener, National Depression Screening Day Event, *Boston University*
- Dec 2015 Outreach Team Member, "The Changing Brain: An Insider's Look" High School Outreach Event, *Harvard Museum of Natural History*
- 2014–2022 Reviewer, *Journal of Emerging Investigators*

Service and Memberships

Departmental Service

- 2022–Present Diversity, Equity, and Inclusion Committee

Service to Professional Societies

2021–Present Preconference Organizing Committee, *Society for Affective Science*
2022 Abstract Reviewer, *Society for Research in Child Development*
2021–2022 Conference Organizing Committee, *Society for Research in Psychopathology*
2020–2022 Diversity, Inclusion, and Belonging Committee, *Society for Research in Psychopathology*
2015–2017 Student Committee Vice-Chair (2015-2016) and Chair (2016-2017), *Society for Affective Science*

Editing

2023–Present Associate Editor, *Emotion*
2023–Present Consulting Editor, *Journal of Psychopathology and Clinical Science*
2020–Present Editorial Board Member, *Affective Science*
2022–2023 Consulting Editor, *Emotion*

Grant Reviewing

National Science Foundation (NSF)
Tryg Foundation
United Kingdom Research & Innovation (UKRI)

Manuscript Reviewing (<https://www.webofscience.com/wos/author/record/H-8898-2019>)

<i>Affective Science</i>	<i>Journal of Experimental Social Psychology</i>
<i>Applied Cognitive Psychology</i>	<i>Journal of General Psychology</i>
<i>Biological Psychiatry</i>	<i>Journal of Neuroscience</i>
<i>Biological Psychiatry: CNNI</i>	<i>Journal of Personality and Social Psychology</i>
<i>Brain Imaging and Behavior</i>	<i>Journal of Psychiatry Research</i>
<i>British Journal of Developmental Psychology</i>	<i>Journal of Psycholinguistic Research</i>
<i>British Journal of Psychology</i>	<i>Journal of Psychopathology and Clinical Science</i>
<i>British Journal of Social Psychology</i>	<i>Journal of Research on Adolescence</i>
<i>Child Development</i>	<i>Journal of Social and Personal Relationships</i>
<i>Clinical Psychological Science</i>	<i>Nature Communications</i>
<i>Cognition and Emotion</i>	<i>Nature Human Behaviour</i>
<i>Collabra: Psychology</i>	<i>Nature Neuroscience</i>
<i>Consciousness and Cognition</i>	<i>Perception</i>
<i>Developmental Cognitive Neuroscience</i>	<i>Personality and Individual Differences</i>
<i>Developmental Psychology</i>	<i>Personality and Social Psychology Bulletin</i>
<i>Emotion</i>	<i>PLOS ONE</i>
<i>Emotion Review</i>	<i>Psychological Medicine</i>
<i>European Journal of Social Psychology</i>	<i>Psychological Science</i>
<i>Frontiers in Behavioral Neuroscience</i>	<i>Quarterly Journal of Experimental Psychology</i>
<i>International Journal of Psychology</i>	<i>Scientific Reports</i>
<i>Journal of Adolescence</i>	<i>Social Cognitive and Affective Neuroscience</i>
<i>Journal of Cognitive Psychology</i>	<i>Social Psychological and Personality Science</i>
<i>Journal of Emerging Investigators</i>	<i>Translational Psychiatry</i>
<i>Journal of Experimental Child Psychology</i>	<i>Trends in Cognitive Sciences</i>
<i>Journal of Experimental Psychology: General</i>	

Other Service and Activities

2022–Present Faculty Advisor, *Mathey College*
2020–Present Founding Member, Scientific Advisory Board, *Walden Wise*
2021–Present Core Member, *Application Statement Feedback Program (ASFP)*
2019–2020 Mentor, *American Psychological Association of Graduate Students Committee on Sexual Orientation and Gender Diversity Mentoring Program*
2015–2020 Resident Tutor (2015-2018) and Senior Tutor (2018-2019), *Pforzheimer House, Harvard University*
2015–2020 Member, Committee on Undergraduate Instruction, *Harvard University Psychology Department*
2015–2017 Student Liaison, Psychology Graduate Student Mental Health Survey, *Harvard University*
2019 Judge, Student Leadership Awards Selection Committee, *Harvard University*
2011 Facilitator, Under 1 Roof Social Justice New Student Orientation Program, *Columbia University*

2010–2011 Member, Student Advisory Committee, *The BACCHUS Network*
2010 Resident Advisor, Internship in Building Community, *Columbia University*
2009–2012 Member, Student Health Mental Health Advisory Committee, *Columbia University*

Alumni Service

2021–2022 Outreach committee member, *Columbia University 2012 10-Year Reunion Organizing Committee*
2012–2021 Prospective student interviewer, *Columbia University's Alumni Representative Committee*
2014–2018 Board Member, *Columbia Alumni Club of Boston*
2012–2017 Board Member and Regional Ambassador, *Columbia College Young Alumni*
2012–2014 Board Member, *Columbia Alumni Club of Northern California*

Professional Memberships

2022 American Psychological Association
2021 Society for Research in Child Development
2019 Cognitive Development Society
2018 European Society for Cognitive and Affective Neuroscience
2016 Flux: The Society for Developmental Cognitive Neuroscience
2016 Association for Behavioral and Cognitive Therapies
2014 Society for Research in Psychopathology
2013 Society for Affective Science
2013 Association for Psychological Science
2012 Society for Personality and Social Psychology
2011 Cognitive Neuroscience Society
2011 Social and Affective Neuroscience Society