

Erik C. Nook

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Employment and Education

- 2022–Present Assistant Professor, Department of Psychology
Associated Faculty, Princeton Neuroscience Institute
Princeton University, Princeton, NJ
- 2021–2022 Postdoctoral Fellow, Department of Psychology
Yale University, New Haven, CT
- 2020–2021 Clinical Psychology Predoctoral Internship, Department of Psychiatry
Weill Cornell Medical College / New York Presbyterian Hospital, New York, NY
- 2014–2021 A.M. & Ph.D. (Clinical Psychology)
Harvard University, Cambridge, MA
- Summer 2018 NSF-Funded Visiting Researcher, Department of Clinical Neuroscience
Karolinska Institutet, Solna, Sweden
- 2012–2014 Laboratory Manager, Department of Psychology
Stanford University, Stanford, CA
- 2008–2012 B.A. (Psychology), *summa cum laude*
Columbia University, New York, NY

Awards and Honors

- 2024 Rising Star Award, *Association for Psychological Science*
- 2024 Alies Muskin Career Development Leadership Award, *Anxiety & Depression Association of America*
- 2023 Editor's Choice Paper in *Emotion*: "Affective language spreads between anxious children and their mothers during a challenging puzzle task"
- 2022 Dissertation Award: First Runner-Up, *International Society for Research in Emotion*
- 2022 Best Flash Talk Award, *Yale Postdoctoral Association*
- 2021 Smadar Levin Award, *Society for Research in Psychopathology*
- 2021 Best Talk Award, *Society for Affective Science*
- 2021 Social, Behavioral, and Economic Sciences Postdoctoral Research Fellowship, *NSF*
- 2020 Nominee, *Star Family Prize for Excellence in Advising*
- 2019 Fellow, *Kavli Summer Institute in Cognitive Neuroscience*
- 2019 Sackler Scholar in Psychobiology, *Sackler Foundation*
- 2018 Graduate Research Opportunities Worldwide Fellowship, *National Science Foundation*
- 2018 Conference Travel Award, *Social Communication Across the Lifespan Conference*
- 2017 Certificate of Distinction in Teaching, *Harvard University Derek Bok Center*
- 2016 Outstanding Poster Award, *Society for Affective Science*
- 2015 Graduate Student Fellowship, *National Science Foundation*
- 2015 Smadar Levin Award: Honorable Mention, *Society for Research in Psychopathology*
- 2015 Student Research Award: Honorable Mention, *Association for Psychological Science*
- 2015 Fellow, *Sackler Institute for Developmental Neurobiology at Weill Cornell Medicine*
- 2014 Karen Stone Fellowship, *Harvard University*
- 2013 Outstanding Alumnus Award, *The BACCHUS Network, Area 11*
- 2012 Summa cum laude (top 5% of class), *Columbia College*
- 2012 Edward S. Brainard Class Day Award for Outstanding Mind and Character, *Columbia College*
- 2012 Graduation Cords for Diversity and Inclusion, *Columbia University Office of Multicultural Affairs*
- 2008–2012 Dean's List, *Columbia College*
- 2011 Early Inductee, *Phi Beta Kappa*
- 2010 Outstanding Mentor Award, *Columbia University Office of Multicultural Affairs*

Research Funding

- 2024 Princeton Center for Health and Wellbeing (PI w Claire Whiting; \$5,000)
Enhancing expressive writing: A scalable intervention for mental health
- 2024–2026 NSF SBE Postdoctoral Research Fellowship (Co-PI w Razia Sahi; \$160,000)
Investigating the effects of emotion naming on emotion regulation: Contextual, social, and temporal dimensions
- 2024–2026 Princeton Precision Health Grant (PI w Henna Vartiainen & Claire Whiting; \$110,000)
Using psycholinguistics to advance our understanding of psychotherapy
- 2024–2026 Brain & Behavior Research Foundation NARSAD Young Investigator Grant (PI; \$70,000)
The impact of emotion naming on emotion regulation
- 2023–2024 TigerWell Seed Grant (PI w Claire Whiting; \$3,000)
Enhancing expressive writing interventions for Princeton undergraduates
- 2021–2022 National Science Foundation SBE Postdoctoral Research Fellowship (PI; \$63,250)
Using joint experience-sampling and fMRI methods to understand how the brain supports differentiated emotional experiences.
- 2019–2020 Dissertation Completion Fellowship (PI; \$37,814)
Linguistic distancing in emotion regulation: Theoretical, developmental, and translational perspectives
- 2019–2020 Sackler Scholarship in Psychobiology (PI; \$9,728)
Understanding the neural underpinnings of emotion differentiation
- 2018 NSF Graduate Research Opportunities Worldwide (GROW) Fellowship (PI; \$5,000)
Funded 3 months of international research at Karolinska Institutet in Stockholm, Sweden
- 2017–2018 Harvard University Knox Grant (PI; \$3,500)
I see your fears: Investigating the roles of empathy and mental imagery in worry contagion
- 2015–2020 NSF Graduate Student Fellowship (PI; \$102,000)
Using neuroimaging and longitudinal methods to refine the theory of emotion granularity
- 2013 Stanford University Center for Cognitive and Neurobiological Imaging Seed Grant (Co-I; \$3,150)
Establishing the role of emotion concepts in emotion perception using a repetition suppression paradigm

Publications

Advisees are underlined. * Equal contribution.

- Champoux-Larsson, M.-F. & **Nook, E. C.** (in press). How first- and second-language emotion words influence emotion perception in Swedish-English bilinguals. *Bilingualism: Language and Cognition*.
- Nencheva, M. L., **Nook, E. C.**, Thornton, M. A., Lew-Williams, C., & Tamir, D. I. (in press). The emergence of organized emotion dynamics in childhood. *Affective Science*.
- Nook, D. D., **Nook, E. C.**, & Nook, B. C. (in press). Utilization of chiropractic care at The World Games 2017. *Journal of Manipulative and Physiological Therapeutics*.
- Nook, E. C.**, Ahn, H. E., Schleider, J. L., & Somerville, L. H. (in press). Emotion regulation is associated with increases in linguistic measures of both psychological distancing and abstractness. *Affective Science*.
- Weissman, D. G., Vartiainen, H. I., **Nook, E. C.**, Lambert, H. K., Sasse, S. F., Somerville, L. H., & McLaughlin, K. A. (in press). Perceptual sensitivity to labeling stereotyped emotion expressions: Associations with age and subclinical psychopathology symptoms from childhood through early adulthood. *Emotion*.

- Caballero, C., **Nook, E. C.**, & Gee, D. G. (2023). Managing fear and anxiety in development: A framework for understanding the neurodevelopment of emotion regulation capacity and tendency. *Neuroscience & Biobehavioral Reviews*, *145*, 105002.
- Hegefeld, H. M., Satpute, A. B., Ochsner, K. N., Davidow, J. Y.*, & **Nook, E. C.*** (2023). Fluency generating emotion words correlates with verbal measures but not emotion regulation, alexithymia, or depressive symptoms. *Emotion*, *23*(8), 2259–2269.
- Nook, E. C.** (2023). The promise of affective language for identifying and intervening on psychopathology. *Affective Science*, *4*(3), 517–521.
- Nook, E. C.**, Nardini, C. Zacharek, S. J., Hommel, G., Spencer, H., Martino, A., Morra, A., Flores, S., Anderson, T., Marin, C. Silverman, W. K., Lebowitz, E. R., & Gee, D. G. (2023). Affective language spreads between anxious children and their mothers during a challenging puzzle task. *Emotion*, *23*(6), 1513–1521. [Editor's Choice Paper]
- Cohen, K. A., Shroff, A., **Nook, E. C.**, & Schleider, J. L. (2022). Linguistic distancing predicts response to a digital single-session intervention for adolescent depression. *Behaviour Research and Therapy*, *159*, 104220.
- Nook, E. C.**, Hull, T. D., Nock, M. K., & Somerville, L. H. (2022). Linguistic measures of psychological distance track symptom levels and treatment outcomes in a large set of psychotherapy transcripts. *Proceedings of the National Academy of Sciences*, *119*(13), e2114737119.
- Nook, E. C.**, Jaroszewski, A. C., Finch, E. F., & Choi-Kain, L.W. (2022). A cognitive-behavioral formulation of narcissistic self-esteem dysregulation. *Focus*, *20*(4), 378–388.
- Bentley, K. H., Coppersmith, D. D. L., Kleiman, E. M., **Nook, E. C.**, Mair, P., Millner, A. J., Reid-Russell, A., Wang, S. B., Fortgang, R. G., Stein, M. B., Beck, S., Huffman, J. C., & Nock, M. K. (2021). Do patterns and types of negative affect during hospitalization predict short-term post-discharge suicidal thoughts and behaviors? *Affective Science*, *2*, 484–494.
- Grisanzio K. A. *, Sasse, S. F. *, **Nook, E. C.**, Lambert, H. K., McLaughlin, K. A., Somerville, L. H. (2021). Voluntary pursuit of negatively valenced stimuli from childhood to early adulthood. *Developmental Science*, *24*, e13012.
- Jenness, J., Lambert, H. K., Bitrán, D., Blossom, J., **Nook, E. C.**, Sasse, S. F., Somerville, L. H., & McLaughlin, K. A. (2021). Developmental variation in the associations of attention bias to emotion with internalizing and externalizing psychopathology. *Research on Child and Adolescent Psychopathology*, *49*, 711–726.
- Nook, E. C.** (2021). Emotion differentiation and youth mental health: Current understanding and open questions. *Frontiers in Psychology*, *12*, 700298.
- Nook, E. C.**, Flournoy, J. C., Rodman, A. M., Mair, P., & McLaughlin, K. A. (2021). High emotion differentiation buffers against internalizing symptoms following exposure to stressful life events in adolescence: An intensive longitudinal study. *Clinical Psychological Science*, *9*(4), 699–718.
- Nook, E. C.**, Satpute, A. B., & Ochsner, K. N. (2021). Emotion naming impedes both cognitive reappraisal and mindful acceptance strategies of emotion regulation. *Affective Science*, *2*(2), 187–198.
- Rodman, A. M., Vidal Bustamante, C. M., Dennison, M. J., Flournoy, J. C., Coppersmith, D. D. L., **Nook, E. C.**, Worthington, S., Mair, P. & McLaughlin, K. A. (2021). A year in the social life of a teenager: Within-person fluctuations in stress, phone communication, and anxiety and depression. *Clinical Psychological Science*, *9*(5), 791–809.
- Franz, P., **Nook, E. C.**, Mair, P., & Nock, M. K. (2020). Using topic modeling to detect and describe self-injurious and related content on a large-scale digital platform. *Suicide and Life-Threatening Behavior*, *50*(1), 5–18.
- Nook, E. C.**, Stavish, C. M., Sasse, S. F., Lambert, H. K., Mair, P., McLaughlin, K. A., & Somerville, L. H. (2020). Charting the development of emotion comprehension and abstraction from childhood to adulthood using observer-rated and linguistic measures. *Emotion*, *20*(5), 773–792.

- Nook, E. C.**, * Vidal Bustamante, C. M.,* Cho, H. Y., & Somerville, L. H. (2020). Use of linguistic distancing and cognitive reappraisal strategies during emotion regulation in children, adolescents, and young adults. *Emotion*, 20(4), 525–540.
- Olsson, A., Pärnamets, P., **Nook, E. C.**, & Lindström, B. (2020). Social learning of threat and safety. In M. S. Gazzaniga, G. R. Mangun, & D. Poeppel (Eds.), *The Cognitive Neurosciences*, 6th Edn. Cambridge, MA: MIT Press.
- Satpute, A. B., **Nook, E. C.**, & Cakar, M. (2020). The role of language in the construction of emotion and memory: A predictive coding view. In R. Lane & L. Nadel (Eds.), *Neuroscience of Enduring Change: Implications for Psychotherapy*. New York, NY: Oxford University Press.
- Weissman, D. G., **Nook, E. C.**, Dews, A. A., Miller, A. B., Lambert, H. K., Sasse, S. F., Somerville, L. H., & McLaughlin, K. A. (2020). Low emotional awareness as a transdiagnostic mechanism underlying psychopathology in adolescence. *Clinical Psychological Science*, 8(6), 971–988.
- Nook, E. C.** & Somerville, L. H. (2019). Emotion concept development from childhood to adulthood. In M. Neta & I. J. Haas (Eds.), *Emotion in the Mind and Body, Proceedings of the 66th Nebraska Symposium on Motivation*. Cham, Switzerland: Springer.
- Nook, E. C.**, Sasse, S. F., Lambert, H. K., McLaughlin, K. A., & Somerville, L. H. (2018). The nonlinear development of emotion differentiation: Granular emotional experience is low in adolescence. *Psychological Science*, 29(8), 1346-1357.
- Nook, E. C.**, Dodell-Feder, D., Hooley, J. M., DeLisi, L. E., & Hooker, C. I. (2018). Weak dorsolateral prefrontal response to social criticism predicts worsened mood and symptoms following social conflict in people at familial risk for schizophrenia. *NeuroImage: Clinical*, 18, 40-50.
- Nook, E. C.**, Sasse, S. F., Lambert, H. K., McLaughlin, K. A., & Somerville, L. H. (2017). Increasing verbal knowledge mediates development of multidimensional emotion representations. *Nature Human Behaviour*, 1(12), 881-889.
- Nook, E. C.**, Schleider, J. L., & Somerville, L. H. (2017). A linguistic signature of psychological distancing in emotion regulation. *Journal of Experimental Psychology: General*, 146(3), 337–346.
- Nook, D. D., **Nook, E. C.**, & Nook, B. C. (2016). Chiropractic care at The World Games 2013: Patient demographics, treatment characteristics, and changes in perceived pain. *Journal of Manipulative and Physiological Therapeutics*, 39(9), 693–704.
- Nook, E. C.**, Ong, D. C., Morelli, S. A., Mitchell, J. P., & Zaki, J. (2016). Prosocial conformity: Prosocial norms generalize across behavior and empathy. *Personality and Social Psychology Bulletin*, 42(8), 1045-1062.
- Satpute, A. B., **Nook, E. C.**, Narayanan, S., Weber, J., Shu, J., & Ochsner, K. N. (2016). Emotions in “black or white” or shades of gray? How we think about emotion shapes our perception and neural representation of emotion. *Psychological Science*, 27(11), 1428–1442.
- Nook, E. C.**, Lindquist, K. A., & Zaki, J. (2015). A new look at emotion perception: Concepts speed and shape facial emotion recognition. *Emotion*, 15(5), 569–578.
- Nook, E. C.**, & Zaki, J. (2015). Social norms shift behavioral and neural responses to foods. *Journal of Cognitive Neuroscience*, 27(7), 1412–1426.

Manuscripts Preprinted or Under Review

Advisees are underlined. * Equal contribution.

Coles, N. A., Perz, B., Behnke, M., Eichstaedt, J. C., Kim, S.-H., Vu, T. N., Raman, C., Tejada, J., Huynh, V. T., Zhang, G., Cui, T., Podder, S., Chavda, R., Pandey, S., Upadhyay, A., Padilla-Buritica, J. I., Barrera Causil, C. J., Ji, L., Dollack, F., Kiyokawa, K., Liu, H., Perusquia-Hernandez, M., Uchiyama, H., Wei, X., Cao, H., Yang, Z., Iancarelli, A., McVeigh, K., Wang, Y., Berwian, I. M., Chiu, J. C., Mirea, D.-M., **Nook, E. C.**, Vartiainen, H. I., Whiting, C., Cho, Y. W., Chow, S.-M., Fisher, Z. F., Li, Y., Xiong, X., Shen, Y., Tagliazucchi, E., Bugnon, L.,

Ospina, R., Bruno, N. M., D'Amelio, T. A., Zamberlan, F., Mercado Diaz, L. R., Pinzon-Arenas, J. O., Posada-Quintero, H. F., Bilalpur, M., Hinduja, S., Marmolejo-Ramos, F., Canavan, S., Jivnani, L., Saganowski, S. (preprint). Big team science reveals promises and limitations of machine learning efforts to model the physiological basis of affective experience.

Dunning, D. L., Wright, G., Bennett, M. P., Knight, R., **Nook, E. C.**, & Dalgleish, T. (under review). What role does emotional granularity play in adolescent depression and anxiety? A scoping review.

Espinosa, L., * **Nook, E. C.**, * Asperholm, M., Collins, T., Davidow, J. Y., & Olsson, A. (revision under review). Peer threat evaluations shape one's own threat perceptions and feelings of distress.

Fiedler, S. A., Lee, K. M., **Nook, E. C.**, Lindquist, K. A., Gendron, M., & Satpute, A. B. (revision under review). Affective abstraction predicts variation in alexithymia, depression, and autism spectrum quotient.

Mirea, D.-M., Mildner, J. N., Kelley, S. W., Gillan, C. M., **Nook, E. C.**,* & Niv, Y.* (under review). Depression is associated with higher sensitivity to social media rewards.

Raber, G., Wittlin, N. M., Gallagher, N. M., **Nook, E. C.**, & Olson, K. R. (preprint). Perceptions of caring and mental health in LGBTQ+ youth in foster care.

Rompilla, D. B., **Nook, E. C.**, Stephens, J. E., Hittner, E. F., Mittal, V. A., & Haase, C. M. (revision under review). Emotion regulation improves verbal fluency but not inhibition or working memory in late life.

Templeton, E. T., Chang, L. J., Cone LeBeaumont, M. D., **Nook, E. C.**, Haddox, D. D., Aiman, E. A., & Wheatley, T. (preprint). From talk to telepathy: The spontaneous use of insider language in casual conversation.

Valdivia-Moreno, C. A., Sasse, S. F., Lambert, H. K., McLaughlin, K. A., Somerville, L. H., & **Nook, E. C.** (conditional accept). Emotion word production develops in tandem with general verbal fluency and reveals key dimensions organizing emotion concepts.

Whiting, C. & **Nook, E. C.** (under review). Registered report with existing data: Does linguistic distance track symptom severity in adolescent psychotherapy?

Whiting, C., Rozek, C. S., Rozek, D. C., Kedl, B., Doom, J. R., & **Nook, E. C.** (under review). Testing the causal impact of linguistic distancing on emotion regulation.

Invited Oral Presentations

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| Apr | 2025 | Developmental Area Forum, <i>UCLA</i> |
| Dec | 2024 | Departmental Colloquium, <i>University of Rochester</i> |
| Oct | 2024 | Departmental Colloquium, <i>Yeshiva University</i> |
| Sep | 2024 | Departmental Colloquium, <i>Rutgers University-Newark</i> |
| Apr | 2024 | Career Development and Leadership Awards Presentation, <i>Anxiety & Depression Association of America</i> |
| Apr | 2024 | Technology Use and Mental Health Symposium, <i>Princeton Precision Health</i> |
| Apr | 2024 | Annual Psychology Departmental Colloquium Speaker, <i>Skidmore College</i> |
| Feb | 2024 | Center for Depression, Anxiety, and Stress Research, <i>McLean Hospital/Harvard Medical School</i> |
| Dec | 2023 | Interdisciplinary Affective Science Laboratory, <i>Northeastern University</i> |
| Nov | 2023 | Speaker, <i>Princeton Summit on Affective Science</i> |
| Nov | 2023 | Annual Departmental Colloquium, <i>Bard College</i> |
| Sep | 2023 | Career Panel Presenter, <i>Society for Research in Psychopathology</i> |
| Aug | 2023 | Whitfield-Gabrieli & Davidow Labs, <i>Northeastern University</i> |
| May | 2023 | Departmental Colloquium, <i>University of Chicago</i> |
| May | 2023 | Focus Live Symposium on Personality Disorders, <i>American Psychiatric Association</i> |
| Apr | 2023 | Methods Lunch Presentation on Psycholinguistic Approaches, <i>Society for Affective Science</i> |
| Dec | 2022 | Departmental Seminar Speaker Series, <i>Columbia University</i> |
| Nov | 2022 | Seminar Speaker Series, <i>Rutgers-Princeton Center for Computational Cognitive Neuropsychiatry</i> |
| Nov | 2022 | Keynote, <i>Hawaii Behavioral Health and Wellness Convention</i> |
| Oct | 2022 | Social Psychology Speaker Series, <i>New York University</i> |
| Sep | 2022 | Center for Integrative Developmental Science, <i>Cornell University</i> |

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| Aug 2022 | Future of Science on Youth Invited Symposium, <i>American Psychological Association</i> |
| May 2022 | Rising Stars of Clinical Science Invited Symposium, <i>Association for Psychological Science</i> |
| May 2022 | Neurocognitive Development of Emotion and Emotion Regulation Invited Symposium, <i>APS</i> |
| Jan 2022 | Organizational Research Group, <i>University of North Carolina-Chapel Hill</i> |
| Dec 2021 | Clinical Neuroscience Lab & Affect Regulation and Cognition Lab Meeting, <i>Yale University</i> |
| Nov 2021 | Leonard Learning Lab, <i>Yale University</i> |
| Oct 2021 | Early Life Adversity Researchers Meetup, <i>Yale University</i> |
| Oct 2021 | Center for Language, Music and Emotion (CLaME), <i>New York University</i> & <i>Max Planck Institute</i> |
| Sept 2021 | Catalyst Seminar Series, <i>University College London</i> |
| Jun 2021 | Psychiatry Grand Rounds, <i>Weill Cornell Medical College</i> |
| Dec 2020 | Psychology Department, <i>Princeton University</i> |
| Nov 2020 | Learning and Brain Development Laboratory, <i>Northeastern University</i> |
| Nov 2020 | Self-Regulation, Emotion, and Attention Laboratory, <i>University of Reading</i> |
| Sep 2020 | Clinical Affective Neuroscience and Development Laboratory, <i>Yale University</i> |
| Apr 2020 | SaxeLab, <i>Massachusetts Institute of Technology</i> |
| Oct 2019 | Social Psychology Research Seminar, <i>Princeton University</i> |
| Sept 2019 | Intergroup Neuroscience Laboratory, <i>Harvard University</i> |
| Jun 2018 | Emotion Laboratory, <i>Karolinska Institutet</i> |
| Oct 2018 | Clinical Psychology Research Training Group, <i>Harvard University</i> |
| Apr 2017 | FeldmanHall Laboratory, <i>Brown University</i> |
| Feb 2016 | Boston Area Affective Scientists Meetup, <i>Northeastern University</i> |
| Mar 2014 | Affective Science Area Seminar, <i>Stanford University</i> |

Conference Oral Presentations (Within 6 years)

Advisees are underlined. *Equal contribution

Arroyo, J., Whiting, C., & Nook, E. C. (2024). *Accepting Mindfulness-Based Interventions: Do Religious vs Scientific Framings Affect a Patient's Acceptance?* Flash Talk Presentation at the annual meeting of the Society for Affective Science. New Orleans, LA.

Mirea, D.-M., Nook, E.C.*, & Niv, Y.* (2024). *Individuals with depression show heightened sensitivity to social media rewards.* Oral Presentation at the SPSP Psychology of Media and Technology Preconference. San Diego, CA.

Mirea, D.-M., Mildner, J. N., Kelley, S. W., Gillan, C. M., Nook, E. C.* & Niv, Y.* (2024). *Depression is associated with higher sensitivity to social media rewards.* Oral presentation at the Psychology of Technology Conference. Boston, MA.

Nook, E. C., Ahn, H. E., Schleider, J. S., & Somerville, L. H. (2024). *Using language to facilitate distanced and abstract perspectives when regulating emotions.* Symposium presentation at the annual meeting of the Society for Research in Psychopathology. Montreal, Canada.

Vartiainen, H. I., Hull, T. D., & Nook, E. C. (2024). *Tracking treatment outcomes using sentiment analysis.* Symposium Presentation at the annual meeting of the Society for Affective Science. New Orleans, LA.

Martino, R. M., Hollinsaid, N. L., Nook, E. C., Bränström, R., Pachankis, J. E., McLaughlin, K. A., & Hatzenbuehler, M. L. (2023). *Negative emotion intensity and brooding rumination as mechanisms prospectively linking stigma to internalizing psychopathology among a population-based sample of sexual minority young adults.* Oral paper presentation for the annual convention of the Association for Behavioral and Cognitive Therapies (ABCT), Seattle, WA.

Michel, A., Valdivia-Moreno, C. A., & Nook, E.C. (2023). *Emotion essentialism in development.* Oral presentation at the Leadership Alliance National Symposium. Hartford, CT.

Mirea, D.M., Nook, E.C.* & Niv, Y.* (2023) *Computational psychiatry in the wild: Probing reinforcement learning theories of depression on social media.* Flash talk at the Society for Affective Science Annual Conference. Long Beach, CA

- Nook, E. C.,** Flournoy, J. C., Rodman, A. M., Sasse, S. F., Lambert, H. K., Mair, P., McLaughlin, K. A., & Somerville, L. H. (2023). *Developmental and translational perspectives on the role of emotion differentiation in youth mental health*. Symposium presentation at the annual meeting of the Society for Affective Science. Long Beach, CA.
- Nook, E. C.,** Hull, T. D., Nock, M. K., & Somerville, L. H. (2023). *Scaling-up linguistic markers of emotion regulation to measure internalizing symptoms in a large set of psychotherapy transcripts*. Symposium presentation at the annual meeting of the Anxiety and Depression Association of America. Washington D.C.
- Nook, E. C.,** Olsson, A., Holmes, E. A., & Somerville, L. H. (2023). *Experimental evidence that empathy and mental imagery underlie the contagious spread of worries*. Symposium presentation at the annual meeting of the Society for Research in Psychopathology. St. Louis, MO.
- Nook, E. C.,** Satpute, A. B., & Ochsner, K. N. (2023). *What words help us feel better? Opposite impacts of emotion naming and linguistic distancing on emotion regulation*. Symposium presentation at the annual meeting of the Association for Psychological Science. Washington, D.C.
- Whiting, C., Rozek, D., Kedl, B., Doom, J. R., Rozek, C. S., & **Nook, E. C.** (2023). *Testing the causal impact of linguistic distancing on emotion regulation: A field experiment*. Flash talk at the annual Society for Affective Science conference. Long Beach, CA.
- Nook, E. C.,** Hull, T. D., Nock, M. K., & Somerville, L. H. (2022). *Linguistic distancing tracks emotion regulation and mental health: Experimental and naturalistic evidence*. Oral Presentation at the Annual Conference of the Society of Experimental Social Psychology. Philadelphia, PA.
- Nook, E. C.,** McLaughlin, K. A., & Somerville, L. H. (2022). *Age-related differences in emotion construction across development*. Oral Presentation at the Annual Convention of the American Psychological Association. Minneapolis, MN.
- Nook, E. C.,** Hull, T. D., Nock, M. K., & Somerville, L. H. (2022). *Translating research on language and emotion regulation to develop a replicable measure of treatment progress*. Oral Presentation at the Annual Conference of the International Society for Research on Emotion. Los Angeles, CA.
- Nook, E. C.,** Nardini, C. Zacharek, S. J., Hommel, G. Spencer, H., Martino, A. Morra, A. Flores, S. Anderson, T., Marin, C. Silverman, W. K., Lebowitz, E. R., & Gee, D. G. (2022). *Affective language spreads in parent-child dyads during a difficult puzzle task*. Flash talk at the 5th Annual Yale Postdoctoral Association Symposium. New Haven, CT.
- Nook, E. C.,** Hull, T. D., Nock, M. K., & Somerville, L. H. (2021). *Applying psycholinguistic tools to assess internalizing symptom severity and treatment progress in a large set of psychotherapy transcripts*. Blitz talk at the Technology in Psychiatry Summit. Virtual conference.
- Nook, E. C.,** Hull, T. D., Nock, M. K., & Somerville, L. H. (2021). *Translating psycholinguistic research on emotion regulation to develop markers of treatment progress*. Student Flash Talk at the annual meeting of the Society for Research in Psychopathology. Virtual conference.
- Nook, E. C.,** Hull, T. D., Nock, M. K., & Somerville, L. H. (2021). *Tracking treatment outcomes using linguistic measures of psychological distance in a large sample of therapy transcripts*. Presentation at the annual meeting of the Society for Affective Science. Virtual conference.
- Nook, E. C.,** Jaroszewski, A. C., Finch, E. F., & Choi-Kain, L. W. (2021). *A cognitive-behavioral approach to narcissistic self-esteem dysregulation*. Presentation at the annual World Congress of the International Society for the Study of Personality Disorders. Virtual conference.
- Nook, E. C.,** Stavish, C. M., Sasse, S. F., Lambert, H. K., Mair, P., McLaughlin, K. A., & Somerville, L. H. (2021). *The role of language in developing abstract, multidimensional emotion concepts*. Symposium presentation at the biennial meeting of the Society for Research in Child Development. Virtual conference.

- Nook, E. C.,** Flournoy, J. C., Rodman, A. M., Mair, P., & McLaughlin, K. A. (2020). *Emotion differentiation promotes healthy stress coping in adolescence*. Presentation at the annual meeting of the Society for Affective Science, San Francisco, CA. (Conference canceled, presentation available [here](#)).
- Nook, E. C.** (2019). *Language and emotion concept development*. Presentation at the Interdisciplinary Advances on the Development of Emotion Understanding preconference before the annual meeting of the Cognitive Development Society, Louisville, KY.
- Nook, E. C.** (2019). *Developments in general vocabulary mediate development of multidimensional emotion concepts*. Presentation at the Construction preconference before the annual meeting of the Society for Affective Science, Boston, MA.
- Nook, E. C.,** Jaroszewski, A. C., Woynowski, K., M., & Choi-Kain, L. W. (2019). *A cognitive-behavioral framework for narcissistic pathology: Transforming personality through exposure-based interventions*. Presentation at the annual meeting of the American Psychiatric Association. San Francisco, CA.
- Nook, E. C.,** Sasse, S. F., Lambert, H. K., McLaughlin, K. A., & Somerville, L. H. (2019). *Emotion concepts become more multidimensional across age: General vocabulary as a scaffold for emotion concept development*. Presentation at the 2019 International Emotions Symposium, Tilburg, Netherlands.
- Nook, E. C.,** Sasse, S. F., Lambert, H. K., McLaughlin, K. A., & Somerville, L. H. (2018). *The nonlinear development of emotion differentiation: Adolescence is a period of low emotion differentiation*. Presentation at the annual meeting of the Society for Affective Science, Los Angeles, CA.
- Nook, E. C. &** Somerville, L. H. (2018). *Charting the development of emotion language and emotion representations from childhood to adulthood*. Presentation at the Social Communication Across the Lifespan conference. Canterbury, U.K.

Poster Presentations (Within 6 Years)

Advisees are underlined. *Equal contribution.

- Baran, S. S., Whiting, C., & Nook, E. C. (2024). *Expressive writing and the perceived other: Productive psychopathological intervention?* Poster presentation at the annual meeting for the Society of Affective Science. New Orleans, LA.
- Cao, T., Valdivia-Moreno, C. A., Sahi, R. S., & Nook, E. C. (2024). *Examining differences in social reappraisal efficacy across first- and second-language in Spanish-English bilinguals*. Poster presentation at the annual meeting for the Society of Affective Science. New Orleans, LA.
- Jin, K. S., Vartiainen, H. I., & Nook, E. C. (2024). *Does a less clear sense of self predict higher conformity to others' emotions?* Poster presentation at the annual meeting for the Society of Affective Science. New Orleans, LA.
- Mirea, D.-M., Nook, E.C.*, Niv, Y.* (2024). Individuals with depression show heightened sensitivity to social media rewards. Poster presentation at the Society for Personality & Social Psychology conference. San Diego, CA.
- Nook, E. C.,** Olsson, A., Holmes, E. A., & Somerville, L. H. (2024). *Identifying and interrupting the mechanisms underlying contagious anxiety*. Poster at the annual meeting of the Anxiety and Depression Association of America, Boston, MA.
- Sahi, R. S. & Nook, E. C. (2024). *Investigating the effects of emotion naming on emotion regulation: Contextual, social, and temporal dimensions*. Poster at the annual meeting of the Society for Affective Science. New Orleans, LA.
- Sahi, R. S. & Nook, E. C. (2024). *Investigating the effects of emotion naming on emotion regulation: Contextual, social, and temporal dimensions*. Poster at the Emotion Regulation Preconference before the annual meeting of the Society for Affective Science. New Orleans, LA.
- Valdivia-Moreno, C.A., Michel, A., Türkay, A., & Nook, E.C. (2024). *Emotion essentialism and its relations with affective processes from childhood to young adulthood*. Poster presentation at the annual meeting of the Society for Affective Science. New Orleans, LA

- Valdivia-Moreno, C.A., Sasse, S.F., Lambert, H.K., McLaughlin, K.A., Somerville, L.H., & **Nook, E.C.** (2024). *Emotion word production develops in tandem with general verbal fluency and reveals key dimensions organizing emotion concepts*. Poster at the Society for Personality and Social Psychology (SPSP) conference. San Diego, CA.
- Vartiainen, H.I. & **Nook, E.C.** (2024). *Decomposing emotional valence: The influence of scale anchors on ratings*. Poster presentation at the Emotion Preconference before the annual meeting of the Society for Personality and Social Psychology. San Diego, CA.
- Vartiainen, H.I. & **Nook, E.C.** (2024). *Framing matters: Scale anchors influence valence ratings*. Poster presentation at the annual meeting of the Society for Personality and Social Psychology. San Diego, CA.
- Whiting, C., Baran, S. S., & **Nook, E. C.** (2024). *Evaluating expressive writing as an intervention to improve emotion differentiation*. Poster presentation at the annual meeting of the Society for Affective Science. New Orleans, LA.
- Whiting, C., Rozek, D. C., Kedl, B., Doom, J. R., Rozek, C. S., & **Nook, E. C.** (2024). *Examining the causal effects of linguistic distancing on emotion regulation success*. Poster presentation at the Emotion Preconference before the annual meeting of the Society for Personality and Social Psychology. San Diego, CA.
- Whiting, C., Rozek, D. C., Kedl, B., Doom, J. R., Rozek, C. S., & **Nook, E. C.** (2024). *Testing the causal impact of linguistic distancing on emotion regulation*. Poster presentation at the annual meeting of the Society for Personality and Social Psychology. San Diego, CA.
- Fiedler, S. A., Schueller, B., Lanzaro, E., Lee, K. M., **Nook, E.C.**, Lindquist, K. A., Gendron, M., & Satpute, A. B. (2023). *Affective abstraction predicts variation in alexithymia, depression, and autism spectrum quotient*. Poster at the annual meeting of the Society for Affective Science. Long Beach, CA.
- Mirea, D.-M., **Nook, E. C.**,* & Niv, Y.* (2023). *Depressed individuals show heightened reinforcement learning on social media*. Poster at the 2023 Computational Psychiatry Conference. Dublin, Ireland.
- Michel, A., Valdivia-Moreno, C.A., & **Nook, E.C.** (2023). *Emotion essentialism in development*. Poster at the Princeton Neuroscience Institute NSF-REU poster session. Princeton, NJ.
- Raber, G., Wittlin, N. M., Gallagher, N., **Nook, E. C.**, & Olson, K. R. (2023). *The association between social support and mental health among LGBTQ+ and cisgender, heterosexual foster youth*. Poster at the annual conference of the Association for Psychological Science. Washington, D.C.
- Valdivia-Moreno, C.A. & **Nook, E.C.** (2023). *Examining age-related differences in emotion essentialism*. Poster at the Princeton Summit on Affective Science (PSAS). Princeton, NJ.
- Valdivia-Moreno, C.A., Sasse, S.F., Lambert, H.K., McLaughlin, K.A., Somerville, L.H., & **Nook, E.C.** (2023). *Fluency generating emotion words develops in tandem with non-emotional verbal fluency from childhood to young adulthood*. Poster at the annual meeting of the Association for Psychological Science. Washington, D.C.
- Valdivia-Moreno, C.A., Sasse, S.F., Lambert, H.K., McLaughlin, K.A., Somerville, L.H., & **Nook, E.C.** (2023). *Examining the production of emotion words across development*. Poster at the annual meeting of the Society for Affective Science. Long Beach, CA.
- Vartiainen, H. I., Hull, T. D., & **Nook, E. C.** (2023). *Tracking treatment outcomes using dictionary-based sentiment analysis*. Poster at the Princeton Summit on Affective Science (PSAS). Princeton, NJ.
- Vartiainen, H.I. & **Nook, E. C.** (2023). *Decomposing emotional valence: Do rating scales matter?* Poster at the annual conference of the Society for Affective Science. Long Beach, CA.
- Whiting, C., Rozek, D., Kedl, B., Doom, J. R., Rozek, C. S., & **Nook, E. C.** (2023). *Testing the causal impact of linguistic distancing on emotion regulation*. Poster at the Princeton Summit on Affective Science (PSAS). Princeton, NJ.
- Cohen, K., Shroff, A., **Nook, E. C.**, & Schleider, J. (2022). *Adolescent word use predicts response to growth mindset intervention*. Poster at the JCCAP Future Directions Forum. Virtual conference

- Hegefeld, H. M., Satpute, A. B., Ochsner, K. N., **Nook, E. C.***, Davidow, J. Y.* (2022). Investigating emotion fluency's relations with verbal fluency and emotional functioning. Poster at the annual conference of the Society for Affective Science. Virtual conference.
- Nook, E. C.**, Hull, T. D., Nock, M. K., & Somerville, L. H. (2021). *Translating psycholinguistic research on emotion regulation to develop markers of treatment progress*. Poster at the annual meeting of the Society for Research in Psychopathology. Virtual conference.
- Nook, E. C.**, Hull, T. D., Nock, M. K., & Somerville, L. H. (2021). *Replicable evidence that client language tracks therapy progress*. Poster at the Opening Affective Science preconference before the annual meeting of the Society for Affective Science. Virtual conference.
- Ahn, H. E., **Nook, E. C.**, Schleider, J. L., & Somerville, L. H. (2020). *Investigating linguistic abstraction in relation to psychological distancing and emotion regulation*. Poster at the annual meeting of the Society for Affective Science, San Francisco, CA. (Conference canceled, poster available [here](#)).
- Nook, E. C.**, Flournoy, J. C., Rodman, A. M., Mair, P., & McLaughlin, K. A. (2020). *Ability to differentiate emotions buffers adolescents from the impact of stress*. Poster at the annual meeting of the Social and Affective Neuroscience Society, Santa Barbara, CA. (Conference canceled).
- Rodman, A. M., Vidal Bustamante, C. M., Dennison, M. J., Flournoy, J. C., Coppersmith, D. D. L., **Nook, E. C.**, Worthington, S., Mair, P. & McLaughlin, K. A. (2020). *Phone communication as a mechanism linking stress exposure with adolescent internalizing psychopathology using high-frequency longitudinal design*. Poster at the annual meeting of the Association for Psychological Science, Chicago, IL.
- Nook, E. C.**, Holmes, E. A., Somerville, L. H., & Olsson, A. (2019). *I see your fears: The role of empathy and mental imagery in contagious worries*. Poster at the annual meeting of the Social and Affective Neuroscience Society, Miami, FL.
- Nook, E. C.**, Holmes, E. A., Somerville, L. H., & Olsson, A. (2019). *Identifying empathy and mental imagery as mechanisms underlying the contagious spread of worries*. Poster at the annual meeting of the Society for Research in Psychopathology, Buffalo, NY.
- Nook, E. C.**, Stavish, C. M., Sasse, S. F., Lambert, H. K., Mair, P., McLaughlin, K. A., & Somerville, L. H. (2019). *Abstractness of emotion representations increases from childhood to adolescence: observer-rated and psycholinguistic evidence*. Poster at the annual meeting of the Society for Affective Science, Boston, MA.
- Nook, E. C.**, Vidal Bustamante, C. M., Cho, H. Y., Kordyban, L. E., Mayer, M., & Somerville, L. H. (2018). *Children and adolescents spontaneously distance their language when engaging in cognitive reappraisal*. Poster at the annual meeting of the Society for Research in Psychopathology, Indianapolis, IN.
- Nook, E. C.**, Vidal Bustamante, C. M., Cho, H. Y., Kordyban, L. E., & Somerville, L. H. (2018). *Investigating emotion regulation and linguistic distancing across development*. Poster at the annual meeting of the Social and Affective Neuroscience Society, New York, NY.

Teaching

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| Fall 2024 | Advanced Seminar in Emotion (Instructor) Princeton University, Princeton, NJ |
| Spring 2024 | Psychotherapy Theories and Skills: Connecting the Clinic, Lab, and Everyday Life (Instructor) Princeton University, Princeton, NJ |
| Spring 2023 | Psychotherapy Theories and Skills: Connecting the Clinic, Lab, and Everyday Life (Instructor) Princeton University, Princeton, NJ |
| Summer 2021 | Introduction to Cognitive Behavioral Therapy (Instructor) Weill Cornell Medical College, New York, NY |
| Summer 2020 | Brain Development and Adolescent Mental Health (Instructor) |

Horizon Academic, Jersey City, NJ

Spring 2017 Statistics for Behavioral Scientists (Teaching Fellow)
Harvard University, Cambridge, MA

Research Advising

Princeton University (2022+)

2024–Present Angela Challman, Princeton undergraduate thesis student
2024–Present Shauna Contreras, Princeton undergraduate thesis student
2024–Present Siena Edwards, Princeton undergraduate thesis student
2024–Present Seven Mesquiti, Princeton graduate student
2024–Present Jack Musser, Princeton undergraduate student
2024–Present Aiden Ngo, Princeton undergraduate student
2024–Present Reyna Perelis, Princeton undergraduate student
2024–Present Milka Waniak, Laboratory Manager
2024–Present Emi Yun, Princeton undergraduate thesis student
2023–Present Faustine Corbani, Princeton graduate student – Secondary advising role (PI: Diana Tamir)
2023–Present Razia Sahi, Postdoctoral fellow
2023–Present Aysu Turkey, Princeton undergraduate student
2022–Present Dan-Mircea Mirea, Princeton graduate student – Secondary advising role (PI: Yael Niv)
2022–Present Grey Raber, Princeton undergraduate student – Secondary advising role (PI: Kristina Olson)
2022–Present Claire Whiting, Princeton graduate student
2022–Present Chantal Valdivia-Moreno, Princeton graduate student – Secondary advising role (PI: Natalia Vélez)
2022–Present Henna Vartiainen, Princeton graduate student
2024 Emma Burd, Amherst College undergraduate student
2024 Chloe Lau, Princeton undergraduate student
2024 Grace Porter, Princeton undergraduate student
2024 Alireza Zareian Jahromi, Fordham University Ph.D. student
2023–2024 Sidra Alibrahim, Princeton undergraduate student
2023–2024 Suniya Nsehti, Princeton undergraduate thesis student
2022–2024 Jesus Arroyo, Princeton undergraduate thesis student
2022–2024 Sofia Baran, Princeton undergraduate thesis student
2022–2024 Tiffany Cao, Princeton undergraduate thesis student
2022–2024 Aidan Conner, Princeton undergraduate thesis student
2022–2024 Katherine Jin, Princeton undergraduate thesis student
2023 Abbygail Michel, Sacred Heart University undergraduate research assistant
2022–2024 Lori Hazel, Princeton graduate student – Secondary advising role (PI: Rebecca Carey)

Yale University (2021-2022)

2021–Present Haley Hegefeld, Northeastern University post-baccalaureate research assistant (PI: Juliet Davidow)
2022–2024 Alexis Broussard, Post-baccalaureate research assistant
2021–2022 Daphne Zhu, Yale undergraduate thesis student

Harvard University (2014-2021)

2021–2022 Annie Harris, Harvard Extension undergraduate research assistant
2021–2022 Racheal Lama, Harvard undergraduate research assistant
2021–2022 Matthew Polo, University of Guelph undergraduate research assistant
2018–2020 Hayoung Ahn, Harvard undergraduate research assistant
2017 Sadhana Ponnaluri, Harvard undergraduate research assistant
2017 Jessica Hsu, Post-baccalaureate research assistant
2016–2018 Aridenne Dews, Harvard undergraduate research assistant
2016–2018 Caitlin Stavish, Boston University undergraduate research assistant
2016–2017 Sandy Li, Post-baccalaureate research assistant
2016 José Santiago, NSF-Funded Bunker Hill Community College Intern
2015–2016 Kevin Kent, Graduate School of Education Master's student

2015 Christina Uhrig, Harvard undergraduate research assistant
2014–2018 Natalie Kleeman, Post-baccalaureate research assistant
2014–2015 Matthew Abrams, Harvard undergraduate research assistant

Karolinska Institutet (2018-2019)

2018–2019 Therese Collins, Honours thesis student

Stanford University (2012-2014)

2013–2014 Christina Chwyl, Stanford undergraduate research assistant
2013–2014 Christopher Middleton, Stanford undergraduate research assistant
2012–2014 Jae-Young Son, Stanford undergraduate research assistant
2012–2013 Stephen Frey, Berkeley undergraduate research assistant

Columbia University (2010-2012)

2013–2014 Ida Griesemer, Post-baccalaureate research assistant
2011–2012 Dani Golomb, Columbia undergraduate research assistant
2011–2012 Alissa Rogol, Columbia undergraduate research assistant

Princeton University Undergraduate Thesis Committees

2024 Jesus Arroyo (Psychology)
2024 Sofia Baran (Psychology)
2024 Tiffany Cao (Psychology)
2024 Aidan Conner (Psychology)
2024 Katherine Jin (Psychology)
2024 Suniya Nsehti (Neuroscience)
2023 Erin Heaning (Psychology), Second Reader
2023 Grey Raber (Psychology), Second Reader

Princeton University Graduate Generals Examination Committees

2023 Nicole Cuneo (Psychology)
2023 Ari Dyckovsky (Psychology)
2023 Lori Hazel (Psychology)
2023 Dan-Mircea Mirea (Psychology)

Dissertation Committees

2024 Lauren Do Feldman (Psychology), Princeton University
2024 Kara Enz (Psychology), Princeton University
2024 Crystal Lee (Psychology), Princeton University
2024 Mira Nencheva (Psychology), Princeton University
2023 Sade Abiodun (Neuroscience), Princeton University
2023 Paula Brooks (Psychology), Princeton University
2022 Monica Thieu, (Psychology), Columbia University

Mentee Awards

2024 NSF SBE Postdoctoral Fellowship, Razia Sahi
2024 Best Poster Award from Society for Affective Science, Claire Whiting
2024 Best Senior Thesis in Clinical Psychology, Jesus Arroyo
2024 Edward E. Jones Memorial Prize (Best Social Psychology Thesis Award), Tiffany Cao

Clinical Work

2022–Present Licensed Clinical Psychologist (New York license #025102), *New York Anxiety Treatment*
2021–2022 Postdoctoral Clinician, *New York Anxiety Treatment*
2020–2021 Predoctoral Intern, *Weill Cornell Medical College / New York Presbyterian Hospital*
2019 Neuropsychology Practicum Student, *Home Base Program, Massachusetts General Hospital*
2017–2018 Practicum Student, *Gunderson Residence, McLean Hospital*
2016–2017 Practicum Student, *Center for Anxiety and Related Disorders (CARD), Boston University*

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| 2015–2016 | Practicum Student, <i>OCD Institute, McLean Hospital</i> |
| 2008–2012 | Stressbusters Student Coordinator, <i>Alice! Health Promotion Program, Columbia University</i> |
| 2011–2012 | Peer Educator, <i>Sexual Violence Response Program, Columbia University</i> |
| 2007–2012 | Massage Therapist |
| 2007–2009 | Disabilities Support Worker, <i>Nulsen</i> |

Press and Other Writing

Press

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| 2023 | Language & Emotions, The Mind Society Podcast |
| 2023 | Psychology Professor Erik Nook Studies Joy and Happiness, Princeton Alumni Weekly |
| 2022 | How Language & Emotion Interact, The Nature e3 Nurture Podcast |
| 2022 | Linguistic Distance: The Psychological Journey From “Me” to “Thee”, MindSite News |
| 2022 | Rising Stars of Clinical Science, APS Observer |
| 2021 | Why People on TikTok Want You to ‘Feel Your Feelings’, VICE |
| 2021 | World Happiness Report is Out, with a Surprising Picture of Global Resilience, Washington Post |
| 2020 | Why You Should Talk to Yourself in the Third Person, VICE |
| 2018 | Negative Emotions Are Murkier, Less Distinct in Adolescence, APS’s Latest Research News |
| 2018 | Teenagers Really Do Struggle to Decipher Their Own Emotions, BYU Radio’s Top of Mind |
| 2018 | What Do Teens’ Emotions Feel Like? Greater Good Magazine |
| 2018 | The Language of Emotion, Harvard Magazine |
| 2018 | For Teens Who Feel it All, a Research-Backed Explanation, Harvard Gazette |
| 2018 | A Hidden Adolescent Struggle: Identifying Complex Emotions, Learning and the Brain |
| 2018 | Study Gives Insight Into How People Experience Emotion, New England Psychologist |
| 2018 | A Research-Backed Explanation for Teens’ Emotional Turmoil, Association of American Universities |
| 2016 | Is Generosity Contagious? Pacific Standard |
| 2016 | The Science of Sameness, APS Observer |
| 2015 | Choosing Empathy, Edge |
| 2015 | Conformity Can Be Good for Your Eating Habits, Cognitive Neuroscience Society Blog |

Other Writing

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| 2019 | Our Words, Our Feelings: Language and Emotion Development, Brevia |
| 2018 | SASSC the Expert Interview with Wendy Berry Mendes, Society for Affective Science |
| 2016 | Reflections on National Coming Out Day, Harvard Crimson |
| 2011 | Your Community Deserves You Whole, Columbia Spectator |

Scientific and Clinical Outreach

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| Apr 2024 | Spring into Science Public Outreach Event, <i>Princeton University</i> |
| Apr 2024 | Clinical Psychology Career Panel, <i>Skidmore College</i> |
| Jun 2023 | Guest Presenter, Applying CBT to NPD, <i>MindWell NYC</i> |
| Apr 2023 | Spring into Science Public Outreach Event, <i>Princeton University</i> |
| Oct 2022 | Interviewee, Using Experimental Methods to Explore Psycholinguistics , <i>Sage Research Methods</i> |
| Aug 2022 | Panelist, Role of Digital Therapeutics in Stepped Care Model of Mental Health, <i>American Psychological Association</i> |
| June 2022 | Discussant, The New Normal Co-Creator Discussion, <i>Walden Wise Community Conversation</i> |
| May 2022 | Poster Judge, Yale Postdoctoral Association Symposium, <i>Yale University</i> |
| May 2022 | Host and Moderator, Supporting the Emotional Health of Kids in a COVID-Integrated World Launch Event, <i>Walden Wise</i> |
| Apr 2022 | Poster Judge, Tri-County Science & Technology Fair |
| Feb 2022 | Panelist, Hiring in Academia Panel, <i>Princeton University Department of Psychology</i> |
| May 2021 | Panelist, Psychology and Neuroscience Panel, <i>Simply Neuroscience</i> |
| Mar 2021 | Advisor, <i>Action Potential Advising Program (APAP)</i> |
| Nov 2020 | Presenter, “ Change Your Emotions by Changing Your Words ,” <i>LGBT Global Science Show</i> |
| Nov 2020 | Presenter, “Clinical Skills for Health Professionals,” <i>Forward Thinking Chiropractic Association</i> |
| Oct 2020 | Mentor, <i>Prospective Ph.D. e3 RA Event in Psychology (PPREP)</i> |

July 2020 Panelist, "[Meaningful and Enjoyable Work](#)," *Happiness Institute Virtual Conference*
 Apr 2020 Presenter, "Emotions 101," *Docent Health*
 Feb 2020 Panelist, "Perspectives from Residential Life, Teaching Fellows, and Primary Care" Panel, *College Mental Health and Borderline Personality Disorder Conference*,
 Mar 2019 Public lecture alumni presenter, *Columbia Alumni Association of Boston*
 Jan 2019 Poster Judge, National Collegiate Research Conference, *Harvard University*
 Sept 2018 Host, International high school science outreach event, *Rossmoyne Senior High School*
 Apr 2018 Panelist, "What Can Psychology Do for You?," *Harvard University Psychology Department*
 Nov 2017 Panelist, "When is it More than Just a Bad Day?," *Harvard University Student Mental Health Liaisons*
 Sept 2017 Contributor, Student Publication Committee, *Society for Research in Psychopathology*
 Mar 2017 Science in the News Presenter, *Beacon Hill Seminar Series*
 Dec 2016 Outreach team member, Neuroscience Basics for High School Students, *Harvard University*
 Nov 2016 Science in the News Presenter, *Harvard Medical School*
 Oct 2016 Community clinical screener, National Depression Screening Day Event, *Boston University*
 Dec 2015 Outreach Team Member, "The Changing Brain: An Insider's Look" High School Outreach Event, *Harvard Museum of Natural History*
 2014–2022 Reviewer, *Journal of Emerging Investigators*

Service and Memberships

Departmental Service

2023–Present Chair, *Diversity, Equity, and Inclusion Committee*
 2024 Judge, *Department of Psychology Senior Thesis Prize in Clinical Psychology*
 2023 Organizer, *Princeton Summit on Affective Science*
 2023 Judge, *Department of Psychology Senior Thesis Prize in Clinical Psychology*
 2022–2023 Faculty Member, *Diversity, Equity, and Inclusion Committee*

Service to Professional Societies

2023–Present Conference Organizing Committee Chair, *Society for Affective Science*
 2021–2023 Preconference Organizing Committee, *Society for Affective Science*
 2023 Mentorship Lunch Leader, *Society for Research in Psychopathology*
 2022 Abstract Reviewer, *Society for Research in Child Development*
 2021–2022 Conference Organizing Committee, *Society for Research in Psychopathology*
 2020–2022 Diversity, Inclusion, and Belonging Committee, *Society for Research in Psychopathology*
 2016–2017 Student Committee Chair, *Society for Affective Science*
 2015–2016 Student Committee Co-Founder and Vice-Chair, *Society for Affective Science*

Editing

2023–Present Associate Editor, *Emotion*
 2023–Present Consulting Editor, *Journal of Psychopathology and Clinical Science*
 2022–Present Consulting Editor, *Emotion*
 2020–Present Editorial Board Member, *Affective Science*

Grant Reviewing

2023 National Science Foundation (NSF)
 2023 New Jersey Alliance for Clinical and Translational Science
 2022 United Kingdom Research & Innovation (UKRI)
 2021 National Science Foundation (NSF)
 2020 Tryg Foundation

Manuscript Reviewing (<https://www.webofscience.com/wos/author/record/H-8898-2019>)

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| <i>Affective Science</i> | <i>British Journal of Developmental Psychology</i> |
| <i>Applied Cognitive Psychology</i> | <i>British Journal of Psychology</i> |
| <i>Biological Psychiatry</i> | <i>British Journal of Social Psychology</i> |
| <i>Biological Psychiatry: CNNI</i> | <i>Child Development</i> |
| <i>Brain Imaging and Behavior</i> | <i>Clinical Psychological Science</i> |

Cognition and Emotion
Collabra: Psychology
Consciousness and Cognition
Developmental Cognitive Neuroscience
Developmental Psychology
Emotion
Emotion Review
European Journal of Social Psychology
Frontiers in Behavioral Neuroscience
International Journal of Psychology
Journal of Adolescence
Journal of Cognitive Psychology
Journal of Emerging Investigators
Journal of Experimental Child Psychology
Journal of Experimental Psychology: General
Journal of Experimental Social Psychology
Journal of General Psychology
Journal of Neuroscience
Journal of Personality and Social Psychology
Journal of Psycholinguistic Research

Journal of Psychopathology and Clinical Science
Journal of Research on Adolescence
Journal of Social and Personal Relationships
Nature Communications
Nature Human Behaviour
Nature Neuroscience
Perception
Personality and Individual Differences
Personality and Social Psychology Bulletin
PLOS ONE
Psychiatry Research
Psychological Medicine
Psychological Review
Psychological Science
Quarterly Journal of Experimental Psychology
Scientific Reports
Social Cognitive and Affective Neuroscience
Social Psychological and Personality Science
Translational Psychiatry
Trends in Cognitive Sciences

Other Service and Activities

2023–Present Member, *Princeton University's Center for Health and Wellbeing*
 2022–Present Faculty Advisor, *Mathey College*
 2021–Present Core Member, *Application Statement Feedback Program (ASFP)*
 2020–Present Founding Member, *Scientific Advisory Board, Walden Wise*
 2019–2020 Mentor, *American Psychological Association of Graduate Students Committee on Sexual Orientation and Gender Diversity Mentoring Program*
 2015–2020 Resident Tutor (2015-2018) and Senior Tutor (2018-2019), *Pforzheimer House, Harvard University*
 2015–2020 Member, *Committee on Undergraduate Instruction, Harvard University Psychology Department*
 2015–2017 Student Liaison, *Psychology Graduate Student Mental Health Survey, Harvard University*
 2019 Judge, *Student Leadership Awards Selection Committee, Harvard University*
 2011 Facilitator, *Under 1 Roof Social Justice New Student Orientation Program, Columbia University*
 2010–2011 Member, *Student Advisory Committee, The BACCHUS Network*
 2010 Resident Advisor, *Internship in Building Community, Columbia University*
 2009–2012 Member, *Student Health Mental Health Advisory Committee, Columbia University*

Alumni Service

2021–2022 Outreach Committee Member, *Columbia University 2012 10-Year Reunion Organizing Committee*
 2012–2021 Prospective Student Interviewer, *Columbia University's Alumni Representative Committee*
 2014–2018 Board Member, *Columbia Alumni Club of Boston*
 2012–2017 Board Member and Regional Ambassador, *Columbia College Young Alumni*
 2012–2014 Board Member, *Columbia Alumni Club of Northern California*

Professional Memberships

2022 American Psychological Association
 2021 Society for Research in Child Development
 2019 Cognitive Development Society
 2018 European Society for Cognitive and Affective Neuroscience
 2016 Flux: The Society for Developmental Cognitive Neuroscience
 2016 Association for Behavioral and Cognitive Therapies
 2014 Society for Research in Psychopathology
 2013 Society for Affective Science
 2013 Association for Psychological Science
 2012 Society for Personality and Social Psychology
 2011 Cognitive Neuroscience Society

